

James B. Gottstein, Esq.

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Curriculum Vitae

(January, 2025)

Experience:

1985-Present: Owner - Law Offices of James B. Gottstein
2002-Present: President/Chief Executive Officer (since 2005) & Board Member, Law Project for Psychiatric Rights (PsychRights®)
2021-Present: Board Member, MindFreedom International
2005-Present: Board Member, International Society for Ethical Psychology and Psychiatry (ISEPP), formerly known as the International Center for the Study of Psychiatry and Psychology (ICSPP)
1995-Present: President, Alaska Building, Inc.
2002-2009/
2014-2016: 2002-2009 Board Member & Secretary; 2014-2015 Interim President, 2015-16, board member, Variance Dynamical, Inc., an Alaska Corporation
1991-2019: Board Member, The Gottstein Family Foundation
1995-2011: CEO - Touch N' Go Systems, Inc.
2004-2012: Board Member, serving as Treasurer and President for part of time, National Association of Rights Protections and Advocacy (NARPA), serving as Treasurer and President
2002-2010: Board Member and sometimes President, Peer Properties, Inc.
2003-2007: President & Board Member, CHOICES, Inc.
2003-2007: President & Board Member, Soteria-Alaska, Inc.
2003-2005: Board of Directors - Alaska World Affairs Council
1998-2004: Member - Alaska Mental Health Board
1998-2002: Board of Directors - Alaska Mental Health Consumer Web
1986-1996: Board of Directors - Mental Health Consumers of Alaska
1983-1985: Staff Attorney - Carr-Gottstein Inc.
1982-1983: Associate Attorney - Delaney, Wiles, Hayes, Reitman and Brubaker
1980-1982: Partner - Goldberg and Gottstein
1978-1980: Associate Attorney - Robert M. Goldberg and Associates

Bar Memberships

2013: United States District Court for the Eastern District of Wisconsin
2012: United States Court of Appeals; Seventh Circuit
1994: United States Supreme Court
1978: United States Court of Appeals; Ninth Circuit
1978: United States District Court, District of Alaska
1978: Alaska

Education:

1978 (Class of '77): J.D., Harvard Law School

1974: B.S., Business Administration with Honors (Finance), University of Oregon.

Significant Appellate Opinions:

[In the Matter of Heather R.](#), 366 P.3d 530 (Alaska 2016)

[United States v. King-Vassel](#), 728 F.3d 707 (7th Cir. 2013)

[Bigley v. Alaska Psychiatric Institute](#), 208 P.3d 168 (Alaska 2009)

[Wayne B. v. Alaska Psychiatric Institute](#), 192 P.3d 989 (Alaska 2008)

[Wetherhorn v. Alaska Psychiatric Institute](#), 156 P.3d 371 (Alaska 2007)

[Myers v. Alaska Psychiatric Institute](#), 138 P.3d 238 (Alaska 2006)

Publications:

- Contributed chapter, Improving Mental Health Outcomes, lead author with Peter C. Gøtzsche, David Cohen, Chuck Ruby, and Faith Myers, in [Institutionalized Madness: The Interplay of Psychiatry and Society's Institutions](#), *The Ethics International Press Critical Psychology and Critical Psychiatry Series*, Arnold Cantú, Eric Maisel and Chuck Ruby, editors, 2024.
- [Report on Improving Mental Health Outcomes](#), with Peter C. Gøtzsche, MD; David Cohen, PhD; Chuck Ruby, PhD; and Faith Myers, September, 2023.
- [The Zyprexa Papers](#), Samizdat Health, 2021.
- The prospect of recovering compensation for psychiatric drug withdrawal harm through litigation because of missing or misleading information, chapter in [Withdrawal from Prescribed Psychotropic Drugs](#), Peter Lehmann & Craig Newnes, Editors, Egalitarian Publishing, Lancaster, England, 2023.,
- [The prospect of recovering compensation for psychiatric drug withdrawal harm through litigation because of missing or misleading information](#), *Journal of Critical Psychology, Counselling and Psychotherapy*, Vol. 20, No. 4, 98-106 (2021).
- Contributed chapter in [Teaching Critical Psychology: International Perspectives](#), Craig Newnes and Laura Golding, Editors, Routledge, 2018.
- Contributed chapter in [Drugging Our Children: How Profiteers Are Pushing Antipsychotics on Our Youngest, and What We Can Do to Stop It](#) (Childhood in America series), Sharna Olfman and Brent Dean Robbins, editors, Praeger, February, 2012.
- James B. Gottstein: Το χρήμα, τα δικαιώματα και οι εναλλακτικές. Απαίτηση νομικών δικαιωμάτων ως μέσον για την επέκταση μη ιατρικών εναλλακτικών. In: Peter Lehmann, Peter Stastny & Anna Emmanouelidou (Eds.), *Αντί της ψυχιατρικής – εναλλακτικές μορφές συνάντησης με τον ψυχικό πόνο* (pp. 264-276). Thessaloniki (Greece): Edition Nissides 2012
- [Ethical and Moral Obligations Arising from Revelations of Pharmaceutical Company Dissembling](#), *Ethical and Human Psychology and Psychiatry*, Vol. 12, No. 1: 22-29 (2010)
- [Involuntary Commitment and Forced Psychiatric Drugging In the Trial Courts: Rights Violations as a Matter of Course](#), *25 Alaska Law Review* 51 (2008).

- How the Legal System Can Help Create a Recovery Culture in Mental Health Systems, contributed chapter in R. Halgin, *Clashing Views in Abnormal Psychology*, 5th Ed., McGraw Hill, New York, New York, (2008): 17-29.
- Rights and Alternatives: Enforcing legal rights as a mechanism for creating non-medical model alternatives, contributed chapter in *Alternatives Beyond Psychiatry* (2007), P. Lehmann & P. Stastny, Eds., 308-17.
- [Psychiatrists' Failure to Inform: Is There Substantial Financial Exposure?](#) James B. Gottstein, Esq., JD, *Ethical Human Psychology and Psychiatry*, Volume 9, Number 2, 2007.
- [Why Clients Should Not Take Psychotherapists into Their Confidence](#), by James B. Gottstein, *ISPS-US Newsletter*: Winter, 2006/2007, Volume 7, Issue 3.
- Wiring the Wilderness in Alaska and the Yukon, Seymour E. Goodman, James B. Gottstein, and Diane S. Goodman. 2001. *Commun. ACM* 44, 6 (June 2001), 21-26.

Presentations (not current)

- [Litigating to Address the Psychiatric Drugging of Poor Children](#), International Society for Ethical Psychology and Psychiatry (ISEPP) Individuals Matter: Building a Better Science for Psychology and Psychiatry October 9, 2016, Portland, Oregon
- [The Transformation Triangle: Public Education, Alternatives & Strategic Litigation](#), MindFreedom International Continuing the Creative Revolution: Alternatives to the Medical Model, Portland, Oregon, October 7, 2016.
- [Elements of a Successful Mental Health System: Getting Past Fear and Absolution](#), Educating Professionals to Trauma and Mental Health Issues Affecting Youth and Families, University of Alaska Anchorage, March 28, 2015.
- [A Strategic Approach to Mental Health System Change](#), International Society for Ethical Psychology & Psychiatry (ISEPP), Transforming Mad Science and Reimagining Mental Health Care, Los Angeles, California, November 13, 2014.
- [Role of Litigation in a Strategic Approach to Mental Health System Change](#), National Association of Rights Protection and Advocacy (NARPA) Annual Rights Conference, SeaTac DoubleTree, September 4, 2014.
- [PsychRights Medicaid Fraud Initiative Against Psychiatric Drugging of Children & Youth](#), National Association of Rights Protection and Advocacy (NARPA) Annual Rights Conference, SeaTac DoubleTree, September 4, 2014.
- [Role of Litigation in a Strategic Approach to Mental Health System Change](#), Keynote, National Association of Rights Protection and Advocacy, September 27, 2013.
- [PsychRights Medicaid Fraud Initiative](#), National Association of Rights Protection and Advocacy, September 27, 2013
- [Current Mental Health Treatment: Is it Rational? Is it Legal?](#) University of Alaska, Anchorage—Eagle River Campus, July 25, 2013

- [Current Mental Health Treatment: Is it Rational? Is it Legal?](#), University of Alaska, Anchorage, February 27, 2013.
- [A Human Rights Lawyer's Perspective on the Mental Health System](#), October 28, 2012, "Honoree" speech at the 13th Annual Meeting of the United States Chapter of the International Society for Psychological and Social Approaches to Psychosis (ISPS-US), Making Contact with the Depths: Psychosis as it is Lived, Chicago, Illinois.
- [Addressing Psychotropic Drugs, Forced Medication and Children](#), at Rethinking Psychiatry Symposium, May 11, 2012, in Portland, Oregon.
- [Medicating Children and Youth: Exceeding Science and the Law](#), April 18, 2012, Full Lives Conference, Anchorage, Alaska.
- [Drugging Our Children, Legal and Moral Issues](#), March 29, 2012, The 5th Annual Conference of the Society for Humanistic Psychology, Point Park University, Pittsburgh, PA. [\[Video\]](#)
- [The Mental Health System: Who's Crazy?](#) Alaska Pacific University, Anchorage, Alaska, February 22, 2012.
- ["Psychiatric Drugging of Children and Youth,"](#) National Association of Rights Protection and Advocacy Annual Conference, Philadelphia, Pennsylvania, September 8, 2011.
- ["PsychRights' Strategic Approach to End Psychiatric Oppression,"](#) PsychOUT 2011, New York City, June 21, 2011.
- [The Illegality of Psychiatric Imprisonment, Forced Drugging and Forced Electroshock in the United States,](#) PsychOUT 2011, New York City, June 21, 2011.
- ["Current Mental Health Treatment: Is it Rational? Is it Legal,"](#) Full Lives Conference, Anchorage, Alaska, April 15, 2011.
- ["Needed Reforms in Mental Health,"](#) Bartlett Club, Anchorage, Alaska, January 6, 2011.
- ["Patients' Choice in Psychiatric Care,"](#) Anchorage Senior Center, December 6, 2010.
- ["Mental Health Treatment: Who's Crazy?"](#) University of Alaska Anchorage, October 27, 2010.
- ["Visioning a Recovery Oriented Mental Health System,"](#) Amalie Days, Oslo, Norway, August 20, 2010.
- ["The Potential Role of Strategic Litigation in Achieving a Recovery Oriented Mental Health System,"](#) Amalie Days, Oslo, Norway, August 23, 2010.
- ["Making User/Survivor Rights Reality,"](#) International Commission of Jurists, Oslo, Norway, August 24, 2010.
- ["The Psychiatric Drugging of America: Who's Crazy,"](#) University of Alaska, Anchorage, March 3, 2010.

- Webinar, "[PsychRights' Medicaid Fraud Initiative Against Psychiatric Drugging of Children & Youth](#)," first and maybe last, in the International Center for the Study of Psychiatry and Psychology Distinguished Lecturers Series, February 24, 2010.
- "[PsychRights' Medicaid Fraud Initiative Against Psychiatric Drugging of Children & Youth](#)," Community Access, New York City, February 2, 2010.
- "[Remedying Medicaid Fraud for Psychiatric Drugs Given to Children and Youth through the Federal False Claims Act](#)," Health Law Section, Alaska Bar Association, January 7, 2009.
- "[Litigating Against the Psychiatric Drugging of Children & Youth](#)," ICSPP 2009 Conference, Difficult Children and Families: Understanding Instead of Diagnosing; Evidence Based Interventions; Support Instead of Just Medications Syracuse, New York, October 10, 2009.
- "[Recovery: Rights, Responsibilities & Roadblocks](#)," 2009 New Mexico Consumer Wellness Conference, "Consumer" Is A Culture! Albuquerque, New Mexico - September 23, 2009.
- "[The Transformation Triangle](#)," 2009 New Mexico Consumer Wellness Conference, "Consumer" Is A Culture! Albuquerque, New Mexico - September 23, 2009.
- "[Litigation to Stop the Insane Drugging of Children & Youth](#)," NARPA Annual Rights Conference, Advocacy for Rights in a New Era, September 10, 2009, Phoenix, Arizona.
- "[Visioning a Recovery Oriented Alaska Mental Health System](#)," 2009 Alaska Mental Health Recovery Education Conference "Renewable Resources," May 12, 2009.
- "[CriticalThinkRx and PsychRights' Lawsuit Against Alaska's Drugging of Children](#)," ICSPP Annual Conference, October 10-12, 2008, Tampa, Florida.
- "[PsychRights' Do-It-Yourself Forced Drugging Defense Package](#)," NARPA, October 2, 2008, Austin, Texas.
- "[Advocacy and the Transformation Triangle](#)," International Network Towards Alternatives in Recovery (INTAR) conference on International Recovery Perspectives: Action on Alternatives, University of Toronto, June 6, 2008, Toronto, Canada.
- Panel member Soteria--The Proven Model for Recovery Communities, "[The Development of Soteria-Alaska](#)," INTAR conference on International Recovery Perspectives: Action on Alternatives, University of Toronto, June 5, 2008, Toronto, Canada.
- "[The Potential Role of Strategic Litigation in System Change](#)," Psychosocial Rehabilitation Association of New Mexico Conference, Albuquerque, New Mexico, May 9, 2008.
- "[Advocacy and the Transformation Triangle](#)," Psychosocial Rehabilitation Association of New Mexico Conference, Albuquerque, New Mexico, May 9, 2008.
- "[Over-Prescription of Psychiatric Drugs: Changing an Irrational Policy](#)," Contemporary Social Policy and Change, University Alaska Anchorage, April 2008.
- "[Psychiatric Drugs in America: Who's Crazy? Or Through the DSM Looking Glass](#)," ANT A655 Advanced Medical Anthropology, March 26, 2008, University of Alaska Anchorage.

- [Panel on "Zyprexa Papers: Speaking Truth to Power,"](#) NARPA Conference, November 16, 2007.
- [Roundtable, Program in Psychiatry and the Law @ BIDMC Psychiatry of Harvard Medical School,](#) October 24, 2007, Boston, Massachusetts.
- ["Forced Psychiatric Drugging: A Misguided Atrocity,"](#) Hampshire College, Massachusetts, October 22, 2007.
- ["The Transformation Triangle,"](#) Region Ten Consumer Advisory Council 2nd Annual Conference, Charlottesville, Virginia, October 17, 2007.
- ["The Psychiatric Drugging of America's Children: Legal Rights of Children and Parents,"](#) ICSPP Annual Conference, October 14, 2007.
- [Myers, Wetherhorn & More: Litigating for Consumer Driven Services,](#) Mental Helath Consumer and Family Education & Leadership Conference, Anchorage, Alaska, May 17, 2007.
- ["Strategic Litigation to Achieve Meaningful Change: The Myers Case, Alaska and a National Initiative,"](#) National Association of Rights Protection and Advocacy (NARPA) annual conference, November 16, 2006, Baltimore, Maryland.
- ["The Public Mental Health System,"](#) University of Alaska Anchorage, November 2, 2006.
- ["The Public Mental Health System: Analysis and Suggestions for Improvement,"](#) Alaska Pacific University, October 26, 2006, Anchorage, Alaska.
- ["A Coordinated Campaign To Successfully Change the Mental Illness System,"](#) ICSPP annual conference, October 9, 2006, October 9, 2006.
- Panel member: "Free Your Mind A discussion about psychiatric rights and how we value people in our communities," David A. Clarke School of Law, Washington, DC, October 6, 2006.
- "CHOICES, Inc., Soteria-Alaska, & Peer Properties: Agents for Positive Change," Harvard & Yale Clubs, April 4, 2006, Anchorage, Alaska.
- "CHOICES, Inc., Soteria-Alaska, & Peer Properties: Agents for Positive Change," Alaska Mental Health Consumer Web, March 31, 2006, Anchorage, Alaska.
- ["CHOICES, Inc., Soteria-Alaska, & Peer Properties: Agents for Positive Change,"](#) NAMI-Anchorage Annual Meeting, March 16, 2006.
- ["Multi-faceted Grassroots Efforts to Bring About Meaningful Change to Alaska's Mental Health Program,"](#) National Association of Rights Protection and Advocacy (NARPA) annual conference, November 19, 2005, Hartford, Connecticut.
- "Involuntary Mental Health 'Treatment:' Utilizing Valid Scientific Information and Client Views to Win Cases," Massachusetts, Mental Health Law Unit Continuing Legal Education for the Committee for Public Counsel Services, November, 2005, Boston, Massachusetts.
- Member of Panel Discussion of Involuntary Treatment in the U.S., International Society for the Psychological Treatment of Schizophrenia and Other Psychoses, November, 2005, Boston, Massachusetts.

- ["Grass Roots, Multi-Organizational Efforts in Support of Human Rights in Mental Illness,"](#) International Center for the Study of Psychiatry and Psychology, Flushing, NY, October 8, 2005.
- ["Involuntary Commitment and Medication in Alaska: or Just Because I'm Paranoid Doesn't Mean They Aren't After Me,"](#) SWK 643 Human Diversity and Special Populations, University of Alaska Anchorage, September 19, 2005.
- "Human Rights in Mental Health: Let's Do It," MindFreedom Action Conference, April 30, 2005, Washington, DC.
- "Forced Psychiatric Drugging in Alaska," presented to the Health Law Section of the Alaska Bar Association, February 3, 2005.
- "PsychRights' Legal Campaign Against Forced Drugging and How You Can Participate," International Center for the Study of Psychiatry and Psychology, Flushing, New York, October 10, 2004.
- "Involuntary Commitment in Alaska and Beyond," Alaska Libertarian State Convention, April 24, 2004, Anchorage, Alaska.
- "The Law Project for Psychiatric Rights: Progress and Directions," for the National Rights Protection and Advocacy (NARPA) Conference, November 23, 2003, Austin, Texas.
- Co-presented Alaska Mental Health Board's FY 2005 Request for Recommendations to the Alaska Mental Health Trust Authority, August, 2003.
- Alaska Mental Health Board Budget Committee's "Mental Health Budget Summit," parts 1 and 2 on March 8, 2003, in Juneau Alaska and April 11-12, 2003 in Anchorage, Alaska, respectively.
- "Unwarranted Court Ordered Medication: A Call to Action," for the National Rights Protection and Advocacy (NARPA) Conference (off-agenda), November, 2002, Portland, Oregon.
- Board Training at the Family and Consumer Conference, May 2, 2002, in Anchorage, Alaska.
- "Real Estate in the Land of the Midnight Sun," presented to the International Real Estate Society's International Congress, July 27, 2001, Girdwood, Alaska.
- "Protecting Your Privacy On-Line: Privacy, Threats, and Countermeasures," co-presented with Lara Baker, September 7, 2001, in Anchorage, Alaska.
- Board Training at the Family and Consumer Conference, April 13, 2001, in Anchorage, Alaska.
- Alaska Mental Health Board's Program and Evaluation Committee's Report on the Alaska Psychiatric Institute, presented as chair of the committee to the full board, February 16, 2000, Fairbanks, Alaska.
- "Internet Strategies for the Paralegal in Alaska: a paralegals guide to the information super-highway," for the Institute for Paralegal Education, with John Summerhill, Anchorage, Alaska, May 4, 1999.
- "Internet Strategies for the Paralegal in Alaska: a paralegals guide to the information super-highway," for the Institute for Paralegal Education, November 1998, in Anchorage, Alaska.

- "Grant Writing, 1, 2, 3," various times 1998-2002, in Anchorage, Alaska.
- "Web Page Design," Alaska Mental Health Consumer Web various times, 1998-2002.
- "Internet Strategies for the Paralegal in Alaska: a paralegals guide to the information super-highway," for the Institute for Paralegal Education, with Gregory Fisher, Anchorage, Alaska, April 1, 1998.
- "Lawyers and the Internet," October 23, 1995, in Anchorage, Alaska.
- Many public presentations on the Alaska Mental Health Trust Lands litigation and proposed settlements, including radio and television appearances and testimony to legislative committees, 1986-1994