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MAR 12 2008

Cliark of the Trial Courts

Attorney for Respondent

IN THE SUPERIOR COURT FOR THE STATE OF ALASKA THIRD JUDICIAL DISTRICT, AT ANCHORAGE

In The Matter of the Necessity for the)
Hospitalization of William S. Bigley,)
)
Respondent)
Case No. 3AN 08-00247PR	

MEMORANDUM IN SUPPORT OF RENEWED MOTION FOR A TEMPORARY RESTRAINING ORDER and PRELIMINARY INJUNCTION

Pursuant to Civil Rule 65, William S. Bigley, the Respondent in this matter, by and through his counsel the Law Project for Psychiatric Rights (PsychRights), has renewed his motion for a temporary restraining order and preliminary injunction prohibiting the Alaska Psychiatric Institute (API) from administering any psychotropic drugs to Mr. Bigley without further order of the court.¹

On March 12, 2008, the clerk of the probate court, presumably on the instructions of the Court, "returned" Mr. Bigley's previous motion on the grounds that PsychRights was not "a party" in this case and also stating, "Documents may be refiled upon the Determination of Commitment and upon the filing of a new entry of appearance." An appropriate new limited entry of appearance pursuant to Civil Rule 81(d) has been filed contemporaneously herewith, but the commitment proceeding has not yet been determined. The problem, as demonstrated in yesterday's filing, is that in spite of efforts to get the Public Defender Agency to deal with API's blatantly improper forced drugging of Mr. Bigley pending the commitment hearing and before a forced drugging order might be issued pursuant to AS 47.30.839, it has failed to do so. Therefore, PsychRights is renewing Mr. Bigley's motion

I. SUMMARY

On March 10, 2008, purportedly under the authority of AS 47.30.838, API forcibly injected Mr. Bigley with Haldol, a very powerful neuroleptic, the intrusiveness of which the Alaska Supreme Court has equated with lobotomy and electroshock,² and Ativan, a benzodiazepine, which is in the same class of drugs as Valium (Emergency Order).³ API has a history of flouting the restrictions of AS 47.30.838 in forcibly drugging Mr. Bigley. The Emergency Order, on its face, proves that the conditions required before psychotropic drugs could be forced upon Mr. Bigley pursuant to AS 47.30.838 did not exist. In light of this Mr. Bigley should be protected by this Court from the irreparable harm inflicted on him by the improper forcible drugging to which he has repeatedly been subjected, including as recently as two nights ago.

II. DISCUSSION

AS 47.30.838(a)(1) allows emergency drugging only to "preserve the life of, or prevent significant physical harm to, the patient or another person." On its face, the

for a temporary restraining order and preliminary injunction. Every single forced drugging is an effront upon whom it is being inflicted and Mr. Bigley is entitled to have an attorney represent his interests in preventing him from being improperly forcibly drugged. Since PsychRights is willing to do so, Mr. Bigley is also entitled to have PsychRights represent him. No disrespect is meant to the Court in this filing.

³ Exhibit A.

Memorandum in Support of Renewed Motion for Temporary Restraining Order and Preliminary Injunction

² Myers v. Alaska Psychiatric Institute, 138 P3d 238, 242 (Alaska 2006); Wetherhorn v. Alaska Psychiatric Institute, 156 P.3d 371, 382 (Alaska 2007)

Emergency Order proves no one's life was in danger nor was there any danger of significant physical harm to anyone.⁴

According to the Emergency Order, the drugging was ordered because Mr. Bigley was yelling, and scaring other patients. The form also checks the box that Mr. Bigley was "threatening w/fists, poised to strike," and "charging/lunging/close physically." With respect to these check boxes, they don't show that anyone's life was in danger or there was any real threat of significant physical harm. They are also almost certainly untrue, not only because they are contradicted by the written narrative, but because, it is completely out of character for Mr. Bigley to engage in such behavior despite the extreme provocation to which he is subjected. The temporary restraining order should be granted and then the true facts about Mr. Bigley's behavior giving rise to API's decision to forcibly drug him as an "emergency" can, if necessary, be developed during consideration of the motion for preliminary injunction.

As mentioned, API has a history and pattern of flouting the restrictions of AS 47.30.838 in purporting to forcibly drug him as an emergency. In Mr. Bigley's February,

⁴ Counsel for API makes the bald assertion that "My client believes it has complied with the law and stands on that position." A hearing on the motion for preliminary injunction should be held to test that unsupported assertion. Under what circumstances API may properly invoke AS 47.30.838 is an important issue upon which API should be given guidance and to protect psychiatric respondents from improper "emergency" forced drugging. *See*, *Myers*, 138 P.3d at 242, citing to AS 47.30.838 ("our opinion does not extend to the use of psychotropic medication in crisis or emergency situations").

2007, commitment hearing, Dr. Worrall, his then treating psychiatrist, who had known Mr. Bigley off and on for 20 years⁵ testified as follows:

And on the unit, he did require two emergency injections of Haldol and Ativan, which are psychotropic medications that the staff gave him under emergency conditions when he was creating dangerous situations on the unit. And it wasn't that he was assaulting anybody, but he was in a state of mind where he was screaming so loudly that it was upsetting other patients who were becoming unstable, and the staff felt that was an emergency.⁶ ...

He's very hard to tolerate, and the only thing that fixes that is medication.⁷ ...

He's not assaulted anybody.8...

He could be pretty scary, but it's really all talk. He's really not the kind of guy that goes around hitting people.⁹

Thus, Dr. Worrall testified (unknowingly) that Mr. Bigley was improperly subjected to "emergency" forced drugging in February of last year because "upsetting other patients" is far from satisfying the requirements of AS 47.30.838. In addition, Dr. Worrall's testimony makes clear that the real reason Mr. Bigley is being drugged is because "He's very hard to tolerate" (when he yells at them and slams doors for locking him up and forcibly drugging him, often improperly). Dr. Worrall testified that Mr. Bigley has "not assaulted anybody" and that while he can be scary he doesn't hit people. API did not have a good faith belief that anyone's life was in danger or anyone was in danger of significant

⁵ Exhibit B, p.8(27):22.

⁶ Exhibit B, p. 9(30):13-22.

⁷ Exhibit B, p. 11(41):6-7.

⁸ Exhibit B, p. 14(51):13.

⁹ Exhibit B, p.15(54-55):25-2.

physical danger when it forcibly drugged Mr. Bigley two nights ago with the Emergency Order.

In September of 2007, when API could not obtain an immediate forced drugging order under AS 47.30.839, it forcibly drugged him anyway. This resulted in motions for emergency injunctive relief to both the Superior Court and the Alaska Supreme Court.¹⁰ API responded that it wouldn't do it any more.¹¹ More specifically, API stated:

There is no need for such an injunction because, in compliance with AS 47.30.838(c), the order for emergency medication has been cancelled. . . .

Until there is a final decision on the Petition for the Administration of Psychotropic Medication, Mr. Bigley will not receive any emergency medication.¹²

API has now done it again and emergency injunctive relief in the form of a temporary restraining order is warranted until, if necessary, a hearing on the motion for preliminary injunction is held.

As set forth above, the Alaska Supreme Court has acknowledged that forced psychiatric drugging is as intrusive as lobotomy and electroshock and can only be allowed with full compliance with the law and Alaska Constitution. Each forced drugging is a physical and mental assault on the patient. The following will give the Court an idea of what it feels like to be given a neuroleptic such as Haldol:

¹⁰ Exhibit C. The Emergency Motion to the Alaska Supreme Court refers to Dr. Worrall as having ordered the forced drugging, but Dr. Worrall, Mr. Bigley's treating psychiatrist at the time, asserted later that the forced drugging had not been done on his order, but the admitting psychiatrist days earlier. This appears to be technically correct.

¹¹ Exhibit D.

¹² Id

¹³ Myers 138 P3d 238, 242 (Alaska 2006); Wetherhorn, 156 P.3d 371, 382 (Alaska 2007).

These drugs, in this family, do not calm or sedate the nerves. They attack. They attack from so deep inside you, you cannot locate the source of the pain. . . .

The muscles of your jawbone go berserk, so that you bite the inside of your mouth and your jaw locks and the pain throbs. For hours every day this will occur. Your spinal column stiffens so that you can hardly move your head or your neck and sometimes your back bends like a bow and you cannot stand up.

The pain grinds into your fiber You ache with restlessness, so you feel you have to walk, to pace. And then as soon as you start pacing, the opposite occurs to you: you must sit and rest. Back and forth, up and down you go in pain you cannot locate; in such wretched anxiety you are overwhelmed, because you cannot get relief even in breathing. 14

Mr. Bigley has been subjected to so much forced drugging over so many years with so many drugs that he probably doesn't experience this level of effect, but it is bad enough.

III. IRREPARABLE HARM/BOND

The harm from every improper forced drugging is irreparable. In this situation, there is no need for a bond, and none should be required.

IV. NOTICE HAS BEEN GIVEN

The Temporary Restraining Order requested herein is being requested after notice to API so the provisions of Civil Rule 65(b) pertaining to the granting of Temporary Restraining Orders without notice are inapplicable.

¹⁴ JACK HENRY ABBOT, IN THE BELLY OF THE BEAST: LETTERS FROM PRISON, 35–36 (Vintage Books 1991) (emphasis omitted).

V. CONCLUSION

Since API asserts that it has complied with AS 47.30.838,¹⁵ Mr. Bigley requests that the Temporary Restraining Order be granted until such time as an evidentiary hearing can be held for a preliminary injunction, if necessary. Such a hearing should be set for a time after the undersigned has been given a copy of Mr. Bigley's records at API and has time to subpoena witnesses to compel attendance at such a hearing.¹⁶

DATED: March 12, 2008.

Law Project for Psychiatric Rights

By:

James B. Gottstein ABA # 7811100

15 Exhibit A, p.1.

¹⁶ It would conserve judicial time if Mr. Bigley were also allowed time to conduct a few depositions to (1) flesh out what actually happened before Mr. Bigley was forcibly drugged on March 10, 2008, and (2) ascertain API's training and actual policy for emergency drugging under AS 47.30.838.

Date: Tue, 11 Mar 2008 15:39:55 -0800

From: "Twomey, Timothy M (LAW)" <tim.twomey@alaska.gov>

Subject: Records

To: Jim Gottstein <jim.gottstein@psychrights.org>,

"Brennan, Elizabeth (DOA)" <elizabeth.brennan@alaska.gov>

Thread-topic: Records

Thread-index: AciD0MlaSXyyQFrzQc2c84iCPqlwPwAACGig

X-MS-Has-Attach: yes X-MS-TNEF-Correlator:

X-OriginalArrivalTime: 11 Mar 2008 23:39:58.0984 (UTC)

FILETIME=[37EE8080:01C883D1]

Hello Jim and Liz:

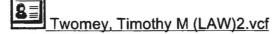
Attached are the records pertaining to last evening's emergency medication. My client believes it has complied with the law and stands on that position.

Thanks, Tim

Tim Twomey (907) 269-5168 direct
----Original Message---From: State of Alaska Dept. of Law
[mailto:lawallinfosys@law.state.ak.us]
Sent: Tuesday, March 11, 2008 3:37 PM
To: Twomey, Timothy M (LAW)
Subject:

This document was digitally sent to you using an HP Digital Sending device.





EM	ERGENCY MEDIC	ATION ORDER		FUI	DELINES
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-		pic medication du	ù	ng p	appears that they may occur repeatedly, the facility may no more than three crisis periods without the patient's informed 47.30.839.
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IN THE TRIAL COURTS FOR THE STATE OF ALASKA

THIRD JUDICIAL DISTRICT

AT ANCHORAGE

In the Matter of the Necessity for the Hospitalization of W.S.B.,

Respondent.

No. 3AN-07-247 PR

30 DAY COMMITTMENT HEARING

PAGES 1 THROUGH 86

BEFORE THE HONORABLE ANDREW BROWN MASTER

Anchorage, Alaska February 24, 2007 2:41 p.m.

APPEARANCE:

FOR STATE OF ALASKA:

Elizabeth Russo

Attorney General's Office Human Services Division

1031 West 4th Avenue, Suite 200

Anchorage AK 99501

FOR W.S.B.:

Leslie Dickson

Office of Public Advocacy

900 West 5th Avenue, Suite 525

Anchorage AK 99501

NOTE: DUE TO THE EXTREME POOR QUALITY OF THE RECORDING, MANY "INDISCERNIBLE" PORTIONS APPEAR IN THE TRANSCRIPT.

Page 2 Page 4 **PROCEEDINGS** general practice is for (indiscernible). 1 2607-34 MR. BIGLEY: (Indiscernible). 2 2 3 SIDE A 3 THE COURT: Mr. Bigley wants to represent 4 872 4 himself at this hearing? 5 THE COURT: This is the case of the 5 MS. DICKSON: Um, that's what he informed me. 6 hospitalization for William Bigley. (Indiscernible) 6 I think, Your Honor, I'm not requesting to withdraw. I number 07-247. The Petition for 30 Day Commitment was 7 think the general practice is that the Public filed February 23rd, and also the court received the Defender's Office remains appointed in this case, for 8 8 9 Petition for Court Approval of Administration of 9 purposes of (indiscernible). 10 10 Psychotropic Medication. THE COURT: Okay. Note for the record that I am doing this MS. DICKSON: But, I just -- Mr. Bigley, I 11 11 hearing telephonically from my chambers at 303 K didn't want him to get upset, because he did tell me 12 12 Street. (Indiscernible) The assistant attorney general that, and I just wanted to explain that that's what he 13 13 14 and (indiscernible) are at API, along with Mr. Bigley, 14 said to me prior to coming into court. with his attorney, (indiscernible) are there. Also, on 15 THE COURT: Okay. Well, then, what I am going 16 the phone is the court appointed guardian for Mr. to do is speak to Mr. Bigley (indiscernible). 16 Bigley -- guardianship case -- and I think at this 17 Now, Mr. Bigley, this is Master Brown. Can 17 point I need to hear from Ms. Dickson. Is it all right 18 18 you hear me all right? 19 with your client that (indiscernible) on the phone, or 19 MR. BIGLEY: Yeah. Y -- yo -- you sound good. 20 does she want me to be there in person. Comin' in great. 20 21 MS. DICKSON: Well, Your Honor, I think it's 21 THE COURT: Okay. But -- but -- okay. Now, (indiscernible). First of all, I did talk to Mr. 22 22 the thing is, I want to make sure -- Ms. Dickson is 23 Bigley... there to help you. If you do not want her to represent 23 24 UNIDENTIFIED MALE: (Indiscernible). 24 you in the hearing, she can still stay there and if you 25 MS. DICKSON: I did talk to Mr. Bigley have questions that you want to ask her -- you know, Page 3 Page 5 (indiscernible) to court about you presiding over this 1 questions as to how -- (indiscernible). 2 matter by phone. 2 MR. BIGLEY: (Indiscernible). THE COURT: Uh-huh (affirmative). 3 3 THE COURT: Mr. Bigley, this is Master Brown. MS. DICKSON: And he did represent to me, that 4 4 And (indiscernible). 5 was okay... 5 MR. BIGLEY: (Indiscernible). MR. BIGLEY: Yeah, that's okay. 6 THE COURT: And, listen to me. Ms. Russo will 6 7 MR. DICKSON: Okay. Um... 7 be asking the questions of her witnesses, Dr. Worrall, 8 MR. BIGLEY: (Indiscernible). 8 and then you'll have the right to ask questions of the 9 MS. DICKSON: Okay. doctor. Then you will have the right to testify, if 10 MR. BIGLEY: (Indiscernible). 10 you want. And we'll just see how things go. Okay? Is 11 MS. DICKSON: The other issue is 11 that all right with you? representation, Your Honor. This was continued on 12 MR. BIGLEY: (Indiscernible) TV or radio, or, Friday. The Public Defender Agency is aware that Jim 13 ah, you know, news? 13 THE COURT: Okay. Well, there's not gonna be Gottstein represents Mr. Bigley in other matters. So 14 14 we did confirm with him whether or not he would be 15 15 anything in the TV... 16 representing Mr. Bigley on this case. 16 MR. BIGLEY: (Indiscernible). 17 MR. BIGLEY: (Indiscernible). THE COURT: Okay. Well, I'm going to proceed 17 18 MS. DICKSON: He told my office that, no, he with the hearing as best I can. Ms. Dickson, I would 18 19 was not going to represent him on this case. 19 appreciate you standing by, because... Mr. Bigley, in discussing with him the 20 MR. BIGLEY: (Indiscernible). 20 21 telephonic issue, has asked that he represent himself, 21 THE COURT: ...at some point I may just have 22 Your Honor. to ask you to represent Mr. Bigley, so I will 22 23 MR. BIGLEY: I can represent myself 23 (indiscernible) be prepared to cross examine, in case 24 24 (indiscernible) no problem (indiscernible). Mr. Bigley doesn't have the ability, so. 25 MS. DICKSON: I th -- I think -- I think the 25 MS. DICKSON: I will, Your Honor.

Page 6 Page 8 1 THE COURT: Okay. 1 years? 2 MR. BIGLEY: Where'd this come from? 2 A Ah, longer than that. I have known Mr. Bigley 3 THE COURT: So, with that, Ms. Russo, who is 3 since approximately 1997. 4 your first witness? 4 0 And how is Mr. Bigley currently doing? 5 5 MS. RUSSO: Your Honor, I was gonna call Steve A Poorly, in my opinion. Um, Mr. Bigley was 6 Young. Typically, we ask the court visitor to go 6 discharged from API on or around the 3rd of first, but since Mr. Young is on the phone... 7 January, and has not been compliant with any 8 MR. BIGLEY: He's my guardian. 8 mental health treatment since that time, and has 9 MS. RUSSO: ...is it okay with Ms. Dickson if 9 gradually gotten worse, in terms of his 10 10 I call Mr. Young first? psychosis. 11 MR. BIGLEY: No. (Indiscernible). That's it. 11 And recently he was (indiscernible) I'm going 12 THE COURT: Okay. Mr. Bigley, this is Master 12 to go back to the 5th of February. That's the Brown. Now, I don't want you interrupting... 13 13 day when we had to ask Mr. Bigley to stay away 14 MR. BIGLEY: Okay. I'll (indiscernible). I'm 14 from the Office of Public Advocacy because he was sorry, Your Honor. unable to maintain any appropriate level of 15 15 16 THE COURT: (Indiscernible) it's very 16 behavior coming into our office. And he was 17 important, okay? 17 unable to follow that request. He came in 18 MR. BIGLEY: Okay. I'm sorry, Your Honor. 18 repeatedly after that, and we attempted to refer THE COURT: But especially because I'm on the 19 19 him to his attorney, Jim Gottstein's office. And 20 phone and it just makes it more difficult for me to 20 we began trying to work with Mr. Gottstein and 21 sort out who is saying what. 21 Mr. Bigley together. The issue was, how we were 22 22 MR. BIGLEY: (Indiscernible). going to provide services -- guardianship service 23 THE COURT: Okay. So, let's get -- is it okay 23 to Mr. Bigley. 24 for Mr. Young to be the first witness? 24 It's a complicated case... 25 25 MS. DICKSON: Yes, that's fine, Your Honor. MR. BIGLEY: (Indiscernible) work for you, Page 9 Page 7 THE COURT: Okay. So, Mr. Young, I'll just 1 Steve. swear you in. Do you swear or affirm to tell the 2 Α Our office provides some unconventional truth, the whole truth, and nothing but the truth? 3 assistance to Mr. Bigley because of his (Side conversation) 4 uniqueness. He doesn't readily accept, nor do 4 5 STEVE YOUNG 5 agencies readily provide out patient mental called as a witness, being first duly sworn upon oath, 6 6 health services to him. In fact, he said testified as follows: 7 7 (indiscernible) from several agencies. And when 8 8 (Oath administered) he was released on the 2nd of January, ah, Mr. 9 WITNESS: I do, Your Honor. 9 Gottstein obtained some outpatient assistance 10 THE COURT: And, state your full name for the 10 through a new agency called Choices, which he 11 11 record? evaporated after a week. And, so, although he 12 WITNESS: My name is Steven Young. 12 was not compliant with his medication, and was 13 THE COURT: Okay. Ms. Russo, if you want to 13 deteriorating, we were still in a position of 14 inquire. 14 trying to make sure that he had a place to live, 15 MS. RUSSO: Thank you. 15 and regular food purchasing was going on, and 16 **DIRECT EXAMINATION** 16 that sort of thing. Which we did up until the BY MS. RUSSO: 17 17 time that we felt it was dangerous to go into the 18 Q 18 Mr. Young, are you familiar with Mr. Bigley? grocery store, and that kind of thing. And then 19 A Yes, I am. I -- the Public Guardian's Office 19 we were trying to coordinate with Mr. Gottstein 20 has been Mr. Bigley's conservator for a number of 20 as to how we would do this. 21 21 years, and his guardian... And, neither Mr. Gottstein nor Mr. Bigley 22 MR. BIGLEY: Six years. 22 were able to assist in coming up with any kind of 23 A ... for around two years. 23 a plan after... 24 MR. BIGLEY: Six years (indiscernible). 24 MR. BIGLEY: Hey, he's my lawyer, you know. 25 And so you've known him for approximately six O Gottstein, he's -- he's (indiscernible). Why do you

Page 12 Page 10 1 always have to bring him in for. You don't know him. 1 (Side conversation) 2 A 2 (Indiscernible). So we were trying to come up I mean, (indiscernible) in a (indiscernible) with a plan to provide needed groceries to Mr. 3 position (indiscernible) and coordinator needed 3 4 Bigley, and he was completely unable to focus on 4 assistance. And, so, generally speaking, we're 5 the issue. He was (indiscernible) -- his belief 5 working with a community health provider... 6 6 MR. BIGLEY: They're diggin' in my pockets. that he's worth a lot of money, and that 7 7 A (indiscernible) to him, and -- and -- and that ...(indiscernible) Mr. Bigley's needs. And we 8 was his focus, over, you know, his recognized 8 would make sure that they're receiving those 9 9 services. And we -- we've advocated for services 10 10 On top of that, he was beginning to make for Mr. Bigley from (indiscernible). In fact, 11 they have (indiscernible) -- they've taken -threats against, um -- he would make them against 11 12 our office, which... 12 they had somebody assigned to his case, but when 13 13 MR. BIGLEY: Yeah. You, Jim, the secretaries, Mr. Gottstein began representing him and finding 14 a third party agency called Choices all (indiscernible) there. I'm not buyin'. 14 15 (indiscernible). 15 Right. And... 16 MR. BIGLEY: (Indiscernible). 16 MR. BIGLEY: They're diggin' in my pocket. 17 A ...the threats could include the entire Mr. Bigley declined the community mental 17 18 health services that they've quite rapidly backed 18 building... 19 MR. BIGLEY: That's right. 19 out. Or, you know, stopped providing that once a 20 ...and that sort of thing. 20 week contact. 21 MR. BIGLEY: (Indiscernible). And then -- then (indiscernible) a week, and 21 22 then the person that Mr. Gottstein had lined up 22 Α My opinion, after that, said he was not able 23 for the (indiscernible) was either unable to 23 to look after his basic needs, and, as his guardian... 24 continue, or -- or, Mr. Bigley also declined his 24 MR. BIGLEY: Guard me. 25 assistance. And then he came back to the Public 25 Page 11 Page 13 ... I needed to follow the formal proceeding to 1 Guardian's Office asking for assistance. 1 A 2 Q 2 ask that he be evaluated at API. 3 Q 3 MR. BIGLEY: (Indiscernible). And so you talked about that you were trying 4 4 0 And then has Mr. Bigley been able to maintain to... 5 MR. BIGLEY: (Indiscernible) go home. 5 for longer period of time, than the most recent 6 6 period of six -- or, approximately six weeks in Q ... assist him in purchasing food. Has Mr. 7 7 Bigley been able -- have -- have you been doing the past -- indicated that he -- that was the 8 that? 8 very -- has he -- when he's doing well, has he 9 9 A been able to maintain outside of API for longer? I (indiscernible) take Mr. Bigley grocery 10 shopping once ever seven to 10 days or so. And I 10 A He has. Although, (indiscernible) -- when he 11 take him to the store, and we go through and he 11 was discharged, I want to say in the spring of 12 helps pick out things that he wants, and then we 12 2004, thereabouts... 13 bring them home... 13 MR. BIGLEY: (Indiscernible). 14 MR. BIGLEY: (Indiscernible)... 14 A ...he went more than six months without any 15 API admission, and it was when his medications 15 A ...(indiscernible) 16 MR. BIGLEY: ...no food. 16 were changed... 17 MR. BIGLEY: Yeah. He called the cops on me And, ah -- and that's the way he gets 17 Α 18 groceries purchased. 18 this time. 19 0 And then what else -- when you had 19 Α ...(indiscernible) medication, and API was 20 characterized the assistance that you were 20 acting as the outpatient provider. Bill 21 providing him as "unconventional," could you 21 voluntarily came to API every week to get a 22 (indiscernible) injection. 22 describe what you meant by that?

MR. BIGLEY: (Indiscernible).

medication than he..

And he was much better off with that

23

25

24 A

23 A

24 25 Well, the Office of Public Advocacy is

appointed as his guardian. But OPA typically

does not act as a direct service provider.

Page 14 Page 16 1 MR. BIGLEY: (Indiscernible) rob my money. 1 A ...(indiscernible) with the Office of Public 2 2 A ...(indiscernible) better off. Characterizing Advocacy. 3 3 that, I would say that he was able to maintain Mr. Bigley came out of the hospital in early 4 some modicum or appropriate behavior... 4 January believing that... 5 MR. BIGLEY: (Indiscernible) be stupid. 5 MR. BIGLEY: (Indiscernible). 6 6 Α ...he no longer had a public guardian; would A (indiscernible) wouldn't get upset, but that 7 7 he would actually apologize when he got upset. never have to take medication again; and was 8 He had a sense of humor. He -- he wasn't velling 8 going to be able to move to California, all with 9 and screaming, and... 9 the help of Mr. Gottstein. And it was quite 10 10 MR. BIGLEY: Yeah. Right. evident right early on that... 11 Α ...and be hostile, which is (indiscernible). 11 MR. BIGLEY: It's horrible down there, man. 12 MR. BIGLEY: Am I schizophrenic? 12 A ...there was a large difference from, um... 13 Q And do you think that Mr. Bigley would be able 13 MR. BIGLEY: (Indiscernible). 14 to maintain outside... 14 ...(indiscernible) discharged from API in the 15 MR. BIGLEY: Yeah. Yeah. Yeah. 15 past. (Indiscernible) speaking... (indiscernible), yeah. 16 16 MR. BIGLEY: (Indiscernible). ...(indiscernible) been his primary source of 17 0 ...right now? 17 MR. BIGLEY: Yeah. (Indiscernible). 18 18 support. 19 A (Indiscernible) without his (indiscernible). 19 MR. BIGLEY: (Indiscernible). 20 MR. BIGLEY: (Indiscernible). 20 MS. RUSSO: Those are all the questions I have 21 21 A Mr. Bigley was... for Mr. Young. 22 MR. BIGLEY: (Indiscernible) ya'. 22 THE COURT: All right. Ms. Dickson, because 23 (Indiscernible)... 23 of what (indiscernible)... 24 A (Indiscernible). 24 MR. BIGLEY: (Indiscernible). 25 MR. BIGLEY: (Indiscernible) ...pay the bills. 25 THE COURT: ...strictly following what's going Page 15 Page 17 1 A In September, October of 2006, and, ah, it was on, I'm gonna ask you to really step in and represent 2 because, in his agitated state, he tends to him. And if you have any questions, cross examination, 3 3 become angry and hostile at virtually everybody. go ahead. 4 And he had become angry at the department 4 MS. DICKSON: I do, Your Honor. 5 manager, and they had evicted him. 5 CROSS EXAMINATION 6 MR. BIGLEY: No, he wouldn't pay the bill when 6 BY MS. DICKSON:

7 Mr. Young, what is your educational 8 background? 9 I have an undergraduate degree in psychology,

10 and I went to graduate school to teach biology. 11 MR. BIGLEY: Do you have (indiscernible).

So are you qualified -- are you qualified to 12 0 13 make any type of mental health diagnosis?

No, ma'am. 14 A

15 0 Okay. And, does Mr. Bigley currently have an apartment? 16

17 Α He does.

18 0 Does he currently have enough financial 19 resources to pay his rent?

20 A Yes, he does.

21 Q Does he have enough financial resources to pay 22 his bills?

23 A He does.

24 0 Okay. Mr. Young, one of your big concerns that I think you testified to a couple times, was 25

7 I was in here. He made sure that (indiscernible) too 8 much stuff. Don't like to me. 9 It's charged to an (indiscernible)... 10 MR. BIGLEY: (Indiscernible). 11 A And, ah, that... 12 MR. BIGLEY: (Indiscernible) (indiscernible) his living arrangements 13 A was -- did not work out well. He (indiscernible) 14 15 and ended up... MR. BIGLEY: (Indiscernible). 16 17 A ...back in the hospital for a brief period. 18 MR. BIGLEY: (Indiscernible). 19 There was the (indiscernible) that Α 20 hospitalization that Mr. Gottstein stepped in and 21 decided to represent Mr. Bigley. And it's since 22 that time that he has declined medication and 23 even declined... 24 MR. BIGLEY: You can't force medication on (indiscernible).

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- 1 regarding groceries. And that you had a hard 2
 - time making arrangements with Mr. Bigley. And I
- 3 could speaking wrong. Was it delivered
- 4 groceries?
- 5 It was to be able to provide groceries to Mr.
- 6 Bigley somehow. That was the -- that was the
- 7 auestion...
- MR. BIGLEY: (Indiscernible) a hundred dollar 8
- 9 check, a \$10 cab ride, and (indiscernible) my house,
- 10 but you wouldn't do it.
- 11 Now, Mr. Bigley -- does Mr. Bigley have -- do
- 12 you give him any disposable income to spend on
- 13 (indiscernible)?
- 14 MR. BIGLEY: No. \$50 a week. That's it.
- 15 Α I -- I provide Mr. Bigley with a \$50 personal
- 16 spending (indiscernible) each week, and a check
- 17 to purchase a carton of cigarettes.
- 18 MR. BIGLEY: (Indiscernible).
- 19 MS. DICKSON: Okay.
- 20 And then depending upon what arrangements
- 21 there is for groceries, either a check is
- 22 provided for -- payable to a vendor, so that
- 23 somebody can help him -- help with the
- 24 transportation and the shopping, and
- 25 (indiscernible) in the event that I'm doing it, I

- 2
- his (indiscernible) when he brings the carton to the register. And he has been asked to stay away
- 3 from -- but, you know, he's had to find new
- 4 places to buy cigarettes when that happens.
- 5 MR. BIGLEY: (Indiscernible) don't want your
- 6 stinkin' (indiscernible). 7 And sometimes he's torn up the check, A
- 8 (indiscernible)...
 - MS. DICKSON: (Indiscernible).
- 10 MR. BIGLEY: (Indiscernible).
- 11 A ...had torn it up, and at those times we
 - usually (indiscernible) to the grocery shopping.
- 13 MR. BIGLEY: No. you don't.
- 14 0 But, Mr. Bigley, when you go grocery shopping,
- 15 he's able to pick out what he would like to eat?
- 16 Α Not really. He's able to hold on to the back
- 17 of the cart, and somebody has to hold onto the
- 18 front so that he doesn't run into things.
- 19 MR. BIGLEY: They ram my cart.
- 20 A (Indiscernible) if somebody comes between and
- 21 an item that he's looking for on the shelves, or
 - in a case, or whatever, it's usually necessary to
- 23 position yourself in front of him so that he
- doesn't begin verbally accosting the person who 24
- 25 is standing between him and something that he's

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- 1 simply go and get what he wants, and then...
 - MR. BIGLEY: (Indiscernible).
- 3 Α (indiscernible) assist in getting them back to
- 4 his apartment (indiscernible), then I seen the
- 5 reimbursement for that through the channels here
- 6 at OPA.

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- 7 Q So, Mr. Bigley is able -- he knows where your
- 8 office is, is that correct?
- 9 MR. BIGLEY: I can go down there.
- 10 Α Yes, he does.
- 11 0 And so he's able to transport himself down to 12
- meet with you at your office?
- 13 MR. BIGLEY: I don't go down there.
- 14 Α He -- apparently -- I mean, he has a bus pass,
- 15 and he's able to get on the bus and ride it
- 16 downtown.
- 17 And you say you give him money to buy a carton 0
- 18 of cigarettes. So, is he able to go to the store
- 19 and buy a carton of cigarettes -- or a pack of
- 20 cigarettes when he wants them?
- 21 A Not always, no. Ah, he has been kicked out of 22 the cigarette store (indiscernible)...
- 23 MR. BIGLEY: (Indiscernible) exactly -- he
- wants to know where his money's at... 24
- 25 Α ...(indiscernible) or they will ask him for

- 1 looking for. (Indiscernible)...
- 2 MR. BIGLEY: They know who I am
- 3 (indiscernible).
- 4 ...(indiscernible) in his way, and he's A
- 5 generally...
- 6 MR. BIGLEY: They know who I am.
- 7 (Indiscernible).
- 8 A ...(indiscernible), and that he's
- 9 (indiscernible)...
 - MR. BIGLEY: (Indiscernible).
- 11 A ...(indiscernible) that somebody is listening
- 12 to what he is saying, or trying to get close to
- 13 him to touch him, or something of that like.
- 0 14 Okay. And, Mr. Young, I understand that he
- 15 has personality qualities that make good shopping
- 16 at a grocery store difficult. But I'm talking
- 17 about his basic ability to go pick up food, and
- 18 purchase it, and eat it?
- 19 Α He lacks that ability (indiscernible). He's 2.0 not...
- 21 MR. BIGLEY: (Indiscernible).
- 22 A He would not be capable, in my opinion,...
- MR. BIGLEY: (Indiscernible). 23
- 24 A ... of getting through the grocery...
- 25 MR. BIGLEY: (Indiscernible).

Page 22 Page 24 1 1 A ...(indiscernible). Back when -- when this ---- yeah, obtaining the food is one of his biggest 2 2 just prior to me filing the petition, I -- I obstacles, certainly. But preparing it also 3 asked him if this is something that he would 3 difficult for him. He buys food, or we purchase 4 4 prefer to do. He wasn't even able to give me food for him, but it is readily eatable. And --5 response to the question. His response was 5 and which requires very little, if any, 6 6 completely unrelated to the question. preparation. 7 7 But that's -- the problem is (indiscernible). You know, for example we would buy food in the 8 Number one, he is usually pretty agitated, which 8 deli counter that he could heat easily, it its 9 9 makes the grocery store, where there are a lot of own container, in a microwave oven. That's 10 10 mostly what we buy. people, and lines, and that kind of thing... 11 MR. BIGLEY: I always go shoppin' by myself, 11 MR. BIGLEY: (Indiscernible). man. I go to (indiscernible) stores. 12 A Mr. Bigley could not, in my opinion, shop 12 13 13 Α And that's not his personality -- it's not independently. He's not capable. That's 14 just his presentation. He's just not -- he's not 14 actually one of the reasons we... 15 disposed to being able to deal with people 15 MS. DICKSON: (Indiscernible). 16 appropriately. 16 ...attempted assisted living, to see if he 17 17 0 Okay. Well, in his apartment, you had someone would do better in a (indiscernible)... 18 coming in and preparing his meals? 18 MR. BIGLEY: (Indiscernible). 19 No. As I said, we buy food that he can either 19 ...but that isn't readily available. A A readily eat or... 0 But, Mr. Young, it does sound like, when he's 20 20 21 21 out (indiscernible), you have made arrangements MR. BIGLEY: I can't eat in the restaurant. 22 22 for his grocery needs to be met? ...(indiscernible) microwave, or... MR. BIGLEY: That's cool. 23 23 Α We -- we... Q 24 Α ...(indiscernible)... 24 Either you go shopping with him, or you make 25 MR. BIGLEY: You gotta make sure I couldn't do 25 other arrangements? Page 23 Page 25 1 it. 1 A We -- we -- we have to, because he -- he 2 2 A ...we buy some foods that he would have to put requires that. 3 3 Q I have no... in a pan, but that's usually the last... 4 MR. BIGLEY: (indiscernible) -- a hundred 4 Α The reason -- one of the reasons why this 5 5 dollars in my pocket or my hand. petition was filed was because we have been 6 6 MS. DICKSON: (Indiscernible). unable to do that for 10 days or more, and even 7 7 MR. BIGLEY: Okay. Let him talk with the assistance of his attorney, we were 8 (indiscernible). 8 unable to... 9 9 MR. BIGLEY: (Indiscernible)... MS. DICKSON: I just need to be able to hear 10 A 10 his answers. ...(indiscernible) provide for him that he had 11 THE COURT: Mr. Bigley, (indiscernible)... 11 been claiming that he was (indiscernible). 12 MR. BIGLEY: Okay. I -- I -- I'm sorry. I'm 12 O I have no further questions. 13 THE COURT: Okay. Ms. Russo, do you have 13 sorry. 14 THE COURT: (Indiscernible) Mr. Bigley, this 14 other questions? 15 15 is Master Brown. (Background conversation) 16 MR. BIGLEY: I'm sorry. 16 MS. RUSSO: Not of Mr. Young. 17 17 THE COURT: Yeah. I -- I know you're trying. THE COURT: Okay. Mr. Young, thank you for 18 but, you know, but try a little more (indiscernible). 18 your testimony. And let me ask -- I want to make sure. 19 MR. BIGLEY: Okay. Okay. Okay. I'm sorry. 19 Ms. Russo and Ms. Dickson, is it all right 20 20 with you, or do either of you want Mr. Young, as Mr. I'm sorry, Your Honor. 21 0 Okay. And, Mr. Young, I didn't hear the end 21 Bigley's guardian, to stay on the line? 22 22 MS. RUSSO: He's free to, if he wishes, but he of the answer. But, I mean, again, he can 23 23 prepare the food. The problem is him going into isn't required. 24 a store with other people that presents problems? 24 THE COURT: Oh, okay. So, Mr. Young, do you 25 A It all presents problems. And the reality is want to stay on the line?

Page 26 Page 28 1 A Yes, please. 1 A Um, primarily very emotional and getting very, 2 THE COURT: Okay. Ms. Russo -- so I guess 2 very upset, and loud, and scaring people with we're (indiscernible) -- Ms. Russo, your next witness? 3 3 things that he would say, very disruptive, a 4 MS. RUSSO: I'll -- well, I guess I'd ask if delusional, paranoid. Those were his primary 4 5 the court would like to have Ms. Taylor give her 5 problems. 6 visitor's report now, or if we should wait for the 6 He was brought to us on an ex parte, related 7 completion of... to the issue of whether he was at risk because he 8 THE COURT: Well, I -- (indiscernible) you 8 couldn't get his groceries, and whether he was at 9 haven't had the doctor testify yet. I'd prefer it at 9 risk because he was so disruptive that the police least after the doctor's testimony. 10 were escorting him off properties, and somebody 10 MS. RUSSO: Okay. Then I'll cal Dr. Worrall. might assault him, (indiscernible) speculation. 11 11 12 THE COURT: Okay. Dr. Worrall, 12 O And what is his current diagnosis? 13 (indiscernible), and I'll swear you in. 13 A Schizo-Affective disorder, bi-polar type. 14 WILLIAM WORRALL, M.D. 14 O How does that manifest itself with him? called as a witness, being first duly sworn upon oath, 15 A Um, paranoia, delusions, irrational thinking, 15 16 testified as follows: 16 poor judgment, quick emotional reactions, 17 (Oath administered) 17 assaultive behavior. That's pretty much 18 18 (indiscernible). WITNESS: I do. 19 THE COURT: Okay. So, Ms. Russo, if you want 19 Q And does that cause him to -- (indiscernible) 20 it manifests itself? (Indiscernible) cause him 20 to go ahead and inquire. MS. RUSSO: Thank you. 21 to not be able to live safely in the community? 21 22 **DIRECT EXAMINATION** 22 A Um, well, I think that's a conclusion that I -- I can't make. I think that's why we're here 23 BY MS. RUSSO: 23 24 Q Dr. Worrall, are you familiar with Mr. Bigley? 24 today. I can tell you that he has severe 25 A 25 Yes, I am. impairment of judgement because of his delusions Page 27 Page 29 MS. DICKSON: (Indiscernible). 1 and his paranoia thinking processes. He doesn't 1 2 2 do what any rational person would do when MS. RUSSO: Excuse me. 3 MS. DICKSON: Your Honor, I just -- generally, 3 presented with a set of options to take steps 4 Dr. Worrall is qualified as an expert, and so I'm 4 towards something that's in his interest. assuming Ms. Russo is going to ask to make that 5 Whether or not he's gonna freeze to death, or 6 6 qualification. I have had numerous opportunities to starve to death, something like that, I really 7 cross examine Dr. Worrall, and have inquired into his don't have reason to think that that is gonna qualifications, and I'm satisfied that his credentials 8 happen. 9 meet that of an expert in the area of psychiatry. 9 He did -- he lost three and a half pounds THE COURT: Okay. So, I'll qualify him as an 10 10 since he left the hospital January 3rd. That's 11 expert in psychiatry. 11 not very much weight loss. He's a little thin to 12 MS. RUSSO: (Indiscernible). 12 start with, but he's certainly not in any medical MS. DICKSON: (Indiscernible). 13 13 jeopardy because of the three pound weight loss. 14 Upon Ms. Russo making the motion for 14 He hasn't been to an emergency room with an assault, because of his relative behavior. But 15 (indiscernible). 15 MS. RUSSO: Yes. No. I appreciate that. 16 16 under the existing statute, I felt comfortable 17 Q So, Dr. Worrall, you are familiar with Mr. 17 filing for grave disability, because he is 18 Bigley? certainly suffering. He has very impaired 18 19 MR. BIGLEY: (Indiscernible). thinking processes that cause him to process, but 19 Yes. I'm his psychiatrist here. because of his mental illness. And that's the 20 Α 20 21 0 Okay. And how long have you known Mr. Bigley? 21 basis for filing the petition, of whether or not 22 Α Oh, off and on for 20 years. Mostly over the 22 he's safe or not, I think is the question here. 23 last six months, more (indiscernible). How -- you said he doesn't do what any 23 Q 24 0 And what were Mr. Bigley's pro -- presenting 24 rational person would do. (Indiscernible). Can 25 problems on admission? 25 you give an example of what you mean by that?

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1 A Well, for example, I've gone on the unit and encouraged him to try and be quiet. He wants to get out of the hospital. So I worked with him to encourage him to not be disruptive in the courtroom, so that he could show that he has self control. I've encouraged him to try to come up with a plan for how he's gonna have food and provide for his food, and negotiate some plan with his guardian, who he needs to work with at this point in time, for his food.

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As you can see, I've made no progress with that, from a counseling approach.

And on the unit, he did require two emergency injections of Haldol and Ativan, which are psychotropic medications that the staff gave him under emergency conditions when he was creating dangerous situations on the unit.

And it wasn't that he was assaulting anybody, but he was in a state of mind where he was screaming so loudly that it was upsetting other patients who were becoming unstable, and the staff felt that was an emergency.

The result of those two shots lasted one -- it was two days of those. But he's actually a little more stable today, and a little bit more

1 So we didn't get him to such a point that he 2 had such insight that he wanted to continue 3 medication, and he rapidly deteriorated. But I 4 firmly believe that that is because he's been 5 empowered by this new -- new attorney that he 6 has, and he really thinks he's driving the show.

7 0 And what -- have you discussed the -- the 8 medications you prescribed with Mr. Bigley? 9

Α Yeah. You can't get anywhere talking to him about it. He doesn't want it. He doesn't have to talk to me about it. It -- you can't reason with him at all about something like medication. You can kinda reason with him about how he could get to a point of having privileges (indiscernible) smoking privileges, but he doesn't even want to consider medication, so I can't have that conversation with him.

18 Q And have you had that conversation, though, on 19 past admissions with him?

20 A Um, yes. And the longer he's been on medication -- particularly if he's on a mood stabilizer, like Depakote, the easier it is to have those conversations. You know, for example, he was on something that he had side effects with, and he told me about it, and we reduced the

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redirectable. A little bit calmer today than he was when he got here. So he's certainly not as bad as he was before he was brought to us because of that two doses of medication.

And how would you intend to treat Mr. Bigley? Well, I would treat him the way I treated him last time. With Risperdal and Seroquel and the Depakote, and he had a remarkable improvement, despite the fact that he was extremely difficult to work with regarding realistic discharge planning, because of the disruption that's occurred with the intrusion of this new attorney. Despite that, he was the calmest I've ever seen him. You could sit in a room with him and talk about difficult things, and he didn't get upset, he didn't get loud, he didn't try to take over the conversation. He was remarkably improved in his self regulation of his emotional condition. He was still delusional and paranoid, but he wasn't upset by those delusions and driven by the paranoia.

Despite him being in that grave condition.

medications. He didn't take any medicine as soon

that's the best I've ever seen him is on those

as he left the hospital.

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1 dose, and he reported he felt better on it. But 2 the whole time that he was telling me this, when 3 he gets out he won't have to take medication 4 because his attorney told him he doesn't have to. 5

Q And beyond -- I guess, previous to this most recent -- to the most recent prior admission, in the past, had you been agreeable to taking medication? A

Ah, I think it's almost always been involuntary medications at the start. He's almost always had to be committed, and involuntary med hearings. And then when he's gone more than 30 days, I think he -- he's usually had to go to a 90-day commitment. I don't think it's ever -- I can't recall a time when he's voluntarily taken medication. But after the first two to three weeks of taking medication, he's usually pretty cooperative, even though he won't consent, really, verbally, voluntarily. He's usually pretty cooperative. He doesn't, you know, have to be a shot, or that kind of thing. He's willing to take pills. But initially, very common that he has to have forced medication.

And what would you -- you had stated that he's

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       better able at -- or, he's not as upset or driven
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       by delusions when he's on the medication. What
3
       other benefits did you expect to see from the
4
       medications?
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Α Well, his judgment -- apart from the question of getting rid of his guardian, and taking -getting rid of his medications, and then being free to go wherever he wants, because he would get his own income and not have to answer to a guardian, which is all related to the guardianship lawsuit he has going on. Apart from that, his judgment was improved. And he -- he would -- he was very good at being able to keep his smoking privileges, for example, (indiscernible). So he knew exactly what he needed to do. How many rooms he had to go to. What he could and couldn't do. And he followed -- followed the guidelines and showed good judgment and self control and be able to do that,

20 for example. 21 He -- a prior -- on the prior admission to 22 this -- to the past admission -- so, two 23 admissions ago -- he was much more workable 24 after he was on medication with regards to 25 discharge planning. You know, for example, you 1 A That...

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MR. BIGLEY: (Indiscernible).

3 A That's the kind of stuff that quiets down when 4 he's on medication.

MR. BIGLEY: (Indiscernible).

6 Α He doesn't talk like that, and he doesn't say, 7 "Well, I don't need to worry about food, because 8 the White House is gonna give me medicine and give me food." He doesn't say that kind of stuff 9 10 when he's been (indiscernible). Instead, he 11 figures out a realistic plan for how he's going 12 to (indiscernible). But anymore you can't even 13 get that because now he has this psychosocial force operating. Not just the mental illness, 14 15 but the psych-social force with the empowerment 16 he's getting from his recent litigation. So it's 17 really complicated, his treatment.

18 O And does Mr. Bigley have any insight to his 19 mental illness?

20 A That's zero. He has no appreciation that he has a mental illness. He has no insight that he has a mental illness. He thinks that everything that's happening to him is because everyone around him is conspiring to ruin his life.

(Background conversation)

Page 35

could talk with him to considering an assisted living facility towards the end of the hospital stay, that kind of improvement. But certainly very workable with his guardian. The guardian would come in and sit down, and the two of them would have a good discussion.

He used to quiet down and listen to his guardian, when he wouldn't listen to any of us. And now he just -- just completely -- I mean, you couldn't get more uncooperative, the way he is with his guardian now. And that's a complication that really is unrelated to medication.

The empowerment that he's gotten for -- from his new litigation that he has going, has fed into his grandiose delusional -- and, so, you'll hear him talking in this hearing about the White House, and this and that. He's got all kinds of conspiracies, delusions, and it all gets fed into by his -- by his new -- and he actually told me right before the hearing that President Bush was gonna make sure he gets food. That the White House would get him his food. And that the White House -- that President Bush gave him a jet airplane, too. MR. BIGLEY: (Indiscernible).

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1 Q And have you tried to talk with him about why 2 (indiscernible)?

3 A Yes. But, if you can't have a reasonable discussion about that at this time. He insists that I went out and dragged him into the hospital. That I went out and intentionally pulled him off the street. That it was something that I did to him. And doesn't have any insight into the fact that his failure to cooperate was ensuring that he had food, with his guardian. A factor that led to an ex parte and (indiscernible).

13 O And when -- this last time in January, when 14 Mr. Bigley was most recently at API and left, and 15 he stopped taking the medicine. Did he -- do you 16 think he had the capacity to really make an 17 informed decision at that time?

18 A Um, not really. No. I -- I was -- the day we 19 discharged him -- a couple days before, I had to 20 decide if I was gonna petition for 180 day 21 commitment, because he was at the end of his 90

22 days -- having been out of the hospital. And, 23 because we did an early release before. And with

this new thing about "safely survive outside of API," I just didn't really feel like I could take

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2 reasonable about most thing. Yeah, he wouldn't 3 cooperate with his guardian, but, it wasn't, kind

him to court, because he was being very

of like, related around that. I thought he'd be

4 5 safe outside of the hospital, and I didn't

6 petition. But as far as the ability to make a

7 competent decision about whether he should take

8 medication or not No. I still think he was 9 competent to decide that he shouldn't stop is

medication, because he's so delusional, so paranoid, he doesn't have the capacity to make a

reasonable decision without (indiscernible). And I think -- (indiscernible) -- Risperdal, Q Seroquel, Depakote -- those are all medications

he's been on in the past?

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16 (Indiscernible) we stabilized him with Α 17 Risperdal shots -- every two weeks, Risperdal (indiscernible) injection. But it wasn't quite 18 19 enough to help him with the psychosis, so oral 20 Seroquel -- a second anti-psychotic helped to 21 make the difference there. But then that pill

22 wasn't enough to help him with the emotional instability that he had, pressured speech, and

23 24 what we call labile affect, or just extremely

emotional upset. And the Depakote, which is a

proposed as a standard of care of the community?

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Yes, I think so. It's two antipsychotics 3 which we use typi -- very commonly in what we call "treatment resisting cases." Where patients 4

5 don't respond readily to one medication. And you 6 try that medication -- one medication in a

7 sufficient dose, and for a sufficient amount of 8 time to make sure it's not gonna work.

9 And then it's really very common in what we 10 call a "refractory," or difficult to treat cases, 11 to add a second antipsychotic medication.

12 O And are there any less intrusive treatments 13 available?

14 A Less than medication?

15 O Yes.

16 No. I think the way he was when he came here

17 -- he's been off medication for several weeks,

18 and that's -- that's the way Bill is when he's not on medication, and that's not affective. 19

20 Psychotherapy wouldn't do anything. There's no

21 psychotherapy approach. He's not gonna acquire

22 social skills from social skills training groups.

23 when he's argumentative and emotionally upset.

MR. BIGLEY: (Indiscernible). 24

25 A A residential -- if he was in a residential

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1 mood stabilizer, took care of that component of 2 his symptoms. So on those three medications, he 3 was about the best I've ever seen him.

4 0 And did Mr. Bigley experience any side effects 5 from those medications?

Not in the last two to three weeks of his stay. When we first started it, he had some side effects; tiredness. He had a little dizziness. He complained of some headaches.

Interestingly, whenever he visited with his attorney, he would immediately go to the staff and report side effects. And, at no other time would he report side effects.

The next say when I'd ask him about the side effects, he'd say he didn't have any. But when you first start these medications and you're increasing the dose, there are side effects that are commonly seen. He wasn't complaining of side effects when he left.

20 He does tend to report that he can't have 21 normal sex or normal sexual functions, and he was 22 -- he was consistently complaining about that.

23 But the benefits of the medication far outweigh 24 that side effect.

25 Q And are there (indiscernible) medication is housing therapeutic program that didn't use

2 medication. I don't even think that would work,

because he would get kicked out in a few days

4 because of his disruptive behavior.

(Background conversation)

6 He's very hard to tolerate, and the only thing Α 7 that fixes that is medication.

8 0 Do you believe that treatment will be a benefit to Mr. Bigley? 9

10 A It would be, especially if there was a way to keep him on that treatment beyond the walls of t his hospital. And the last time we didn't have an early release because we were at the end of the 90 days, and I didn't feel like we could successfully argue that he was still gravely disabled when he had such improved conditions. But, ideally, we need to have an early release kind of situation where he can be brought back in for a very short stay, after he's only been off his meds for a very short amount of time, and the

20 21 idea would be to kinda get him trained. 22 "Gee, I guess I have to stay on my

23 medication," and then he would eventually be able 24 to go back to living in the community.

The period of time that Steve Young described,

Page 42 Page 44 ...get all his money and fly to California, 1 when he was stable as an outpatient, was a period 1 A 2 2 of time when he was accepting the constraints he and that he doesn't have to take medication, I'm 3 was under. He was accepting that he had to go to 3 not sure what good that does. You know, I can 4 API and get a shot. He was accepting that he had 4 get him well while he's here, but I'm gonna need 5 5 to work with a guardian. And he got by out there to come back and get... 6 in the community under those conditions, until he 6 MR. BIGLEY: (Indiscernible). 7 7 missed two of his shots, as I've indicated, he ...an early -- you know, go for a 90-day and 8 became too disruptive and upset and had to be 8 get an early release, so that we can assure that 9 9 this continues beyond these walls. readmitted. 10 At that point in time, ah, we were trying to 10 MR. BIGLEY: (Indiscernible). 11 get him to take different kinds of medications, 11 THE COURT: (Indiscernible) Master Brown 12 such as the Depakote. We couldn't get him to 12 again. I know you're trying (indiscernible), but I 13 cooperate with the oral medications... 13 really appreciate if you could be quiet, okay? 14 SIDE B 14 MS. RUSSO: Those are all the questions I have A ...services from the community, such as living for Dr. Worrall. 15 15 16 THE COURT: Okay. Ms. Dickson, do you want to 16 in an assisted living facility and having a mental health center work with him, where they 17 17 inquire? 18 had case management services. But none of those 18 MS. DICKSON: Yes. 19 19 things worked out, as Steve Young mentioned. **CROSS EXAMINATION** 20 They just didn't work out because even the 20 BY MS. DICKSON: 21 professional mental health staff at Anchorage 21 Dr. Worrall, what kind side effects does 22 Depakote, Risperdal and Seroquel have? Community Mental Health Services would have case 22 23 managers that are trained to work with people 23 A Oh, a huge list of side effects. 24 like Bill, they couldn't stay on working with 24 O (Indiscernible) as to what's the most 25 25 Bill. They didn't wanna help him. concerned side effects? Page 43 Page 45 1 And so, if it weren't for Steve Young, nobody MR. BIGLEY: (Indiscernible). 1 2 would be helping this guy out there. 2 A Well, there's very rare things that of great 3 So -- but that had got way worse when he 3 concern, because they -- they could be 4 decided that he doesn't have to listen to Steve 4 potentially lethal, and something like, maybe one 5 Young, and he doesn't have to listen to people 5 in 10, one in 20,000 people could have side 6 who tell he has to take medication. That's the 6 effects, such as bone marrow problems, and we 7 7 complication with his new litigation. don't make blood cells, or severe liver disease 8 8 Now it's almost impossible to treat him with could develop. They're extremely unlikely. 9 the situation he's under now. I don't know what 9 The common side effect, such as, for example, 10 we're gonna do. 10 sexual dysfunction, difficulty ejaculating, for 11 O Okay. But do you think that if were committed 11 example. Which is a complaint that he's had. 12 to API, and that the medication order was 12 Something that could be reversed with Viagra, for 13 granted... 13 example. 14 MR. BIGLEY: (Indiscernible). 14 MR. BIGLEY: No. no. (indiscernible). 15 A ...is that treatment would be a benefit to 15 A The -- the common side effects of 16 16 him? constipation, dryness, dizziness, things like 17 MR. BIGLEY: (Indiscernible). 17 that, are resolved with time. The side effects 18 A I know that I could get him back into the same 18 go away by themselves when the patient gets used 19 19 good shape I had him in before I discharged him to the medication. The body handles it better. 20 on January (indiscernible). 20 But you can get skin problems, stomach ache 21 MR. BIGLEY: (Indiscernible). 21 - just about anything that you can think of, the 22 O But, unfortunately, if he still thinks that he 22 medications have been accused of causing. 23 23 On the other hand... can get rid of his guardian, and that he can get 24 all... 24 MR. BIGLEY: (Indiscernible). 25 MR. BIGLEY: (Indiscernible). 25 Risperdal and (indiscernible) -- also have a

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1 neuroprotective effect on the brain, as they help 2 to prevent degenerative brain process that's 3 associated with schizophrenia, schizo-affective 4 disorder from proceeding further. And there's 5 been research showing that brain volume is 6 protected. That the loss of brain volume that 7 occurs over the course of the illness, stops 8 happening. In fact there's some increase in 9 brain volume that occurs. So there's a 10 protective effect, too. 11

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something.

But these aren't -- these aren't medications to be taken lightly. They can only be used when there's a severe problem with the (indiscernible)

treatment, and Mr. Bigley has that problem. 15 0 Dr. Worrall, you mentioned (indiscernible) the protective coating in the brain that helps prevent (indiscernible) some studies. Are those studies conclusive? I mean, have you -- I mean, when you're looking at the studies, how 20 (indiscernible) -- I guess "conclusive" is the 21 best -- better word. I mean, are you convinced 22 that that protective coating is there? 23 A It's not a coating. It's not like Teflon or

Right.

1 (indiscernible)?

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Α We've talked about research. There's another area of research, like the (indiscernible) studies that compare the old drug versus the new drug. The old Haldol, for example, versus Risperdal. And they looked at the patient's quality of life, and how many times people came into the hospital on the different medications. And they had similar results. One was no better than the other. Certainly, the Haldol was a lot cheaper.

So what they didn't talk about, was the neuroprotective effect, because that's a brand new cutting edge thing. And they didn't talk about the tartar dyskinesia differences in the two groups.

17 Q Um...

18 A But, basically, those older drugs are the cheaper, less expensive, more side effect prone way to treat the same illness. And there's evidence that the old cheaper medications pretty much work just as well, but I wouldn't want to be on them if I had schizophrenia. I would want to be on the more expensive new drug. 25 Q Dr. Worrall, in the 20 some years that you've

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It's a protective effect. How it works is 1 A 2 unknown. But the studies were very conclusive. Way beyond (indiscernible). The research in that 3 4 area is still early, but it is something on the 5 cutting edge of medication. 6

The older medications that he used to take, Haldol, for example, Prolixin, that cause a lot of tartar dyskinesia, and not have that protective effect. The new medications, Risperdal, Seroquel -- very unlikely to cause tart dyskinesia. Much, much safer with regards to the problems like that, and have a protective effect on -- against the neuro-degenerative process of schizophrenia.

15 Q Now, do the pharmaceutical companies who make 16 Risperdal, are they -- are they the ones who conducted the studies? 17

18 A They don't even talk about it yet. I don't 19 think -- I don't think they're talking about it. That's something -- I learned about it in 20 on-going medical education -- I don't know who 21 22 paid for the study, but (indiscernible)...

23 MR. BIGLEY: (Indiscernible). ...call me to tell me about it. 24 A 25 Q Have you ever talked to your colleague, Dr. known Mr. Bigley, has he ever agreed or (indiscernible) his medication?

3 A Oh, he has -- towards the end of the hospital 4 stay he said, "Yeah, I'm gonna take my medicine 5 when I get out of here," but I didn't really 6 believe him.

MR. BIGLEY: (Indiscernible).

8 Α But he has said that. He has said that the 9 medicines help him, a few times. But he has --10 he has the tendency, like most people, to say 11 what you want to hear sometimes, if they think 12 it's gonna help them. 13

In general, no, he doesn't like the idea of taking medications. He is only, for the most part, taking it when he believed that he had to take it.

17 0 I'm not sure that Mr. Bigley is 18 (indiscernible) in better shape than a lot of 19 (indiscernible) patients (indiscernible).

20 A Yes. Well, particularly given that he has a 21 guardian that goes out of his way to provide for 22 his needs.

23 MR. BIGLEY: (Indiscernible).

24 A We have -- I have a lot of patients with 25 guardians, and I -- I have never seen this kind

Page 50 Page 52 1 of effort from a guardian. So he has -- he has a 1 and the peoples mental conditions improve on 2 2 lot of support, both financial and otherwise. mediation, and then they gradually deteriorate 3 MR. BIGLEY: (Indiscernible) money. 3 off medication, until they reach the point of 4 Q (Indiscernible) Mr. Bigley (indiscernible) 4 having emergencies, and then all of a sudden you 5 when he didn't take his medication 5 can treat them. 6 (indiscernible) was able to function in the 6 What kind... Q 7 7 community, isn't that correct? A It's built into the law. 8 Α When he was out this time not taking 8 0 What kind of damage (indiscernible) that are 9 medication? Well, he was escorted from a couple 9 maybe occurring by having him on drugs for a 10 of properties by the police for being disruptive. 10 couple months, and off drugs for a couple months. 11 but he wasn't arrested. He wasn't beaten up and 11 You put him on drugs for a couple months, and 12 12 taken to an emergency room. then he's of. 13 A 13 MR. BIGLEY: (Indiscernible). That's a good question. I don't think we know 14 A But I don't think I would say that he was able 14 the answer to that. I'm not aware of studies. I 15 to function in the community. I would say that 15 don't think we have any scientific research on 16 16 he survived. that topic. At least not that I'm aware of, 17 0 Well, let me paraphrase that. Would he be 17 having, say, five weeks of medication, and then able to survive in the community -- he may not be 18 18 going for five weeks without medication. I don't know what that does. The natural history of the 19 living healthy, but he's able to do that without 19 20 being (indiscernible)? 20 illness. My best answer to that is what I know 21 A Well, obviously, yes. 21 about psychiatry is that it's probably not 22 MR. BIGLEY: (Indiscernible). 22 harming him to be on medicine for five weeks, and 23 THE COURT: Mr. Bigley, this is Master Brown 23 off medicine for five weeks. It's probably 24 again. I have to ask you to be quiet, because I have 24 better than being on medicine for 10 weeks. 25 25 to be able to hear Dr. Worrall. Okay? MR. BIGLEY: (Indiscernible) Page 51 Page 53 1 MR. BIGLEY: Okay. Sorry, sir. Okay. 1 0 And (indiscernible) studies on whether the 2 Q While he's on the unit, is he able to take 2 (indiscernible)? 3 care of his basic needs? 3 A Gee, I'm not aware of research. You know, 4 Α Yes. 4 other than drug holidays. You know, where people 5 5 Q Hygiene? Is he able to eat? stop medicine for a weekend, just to reduce the 6 Α Well, he doesn't do a whole lot of hygiene 6 risk of (indiscernible). Stopping medicine for a 7 7 efforts, but, he -- oh, he's definitely taking month or something like that, and resuming it for 8 8 care of his eating. He makes sure he gets double a month or two, I'm not aware of any literature 9 9 portions, and you hear about it if he doesn't get like that. 10 two of everything. He's definitely looking out 10 Q And, Dr. Worrall, do you have any knowledge of 11 11 for his dietary needs. And we don't have to whether Mr. Bigley has ever used substances that 12 assist him with walking, or bathroom function, or 12 are illicit drugs or alcohol? 13 anything like that. He's not assaulted anybody. 13 A He has some history of that, but it's not been 14 14 He doesn't -- he's upset people to the point that a recent problem. 15 some people have wanted to assault him -- but 15 MR. BIGLEY: No, it's (indiscernible). 16 they assault him. He survived on the unit. 16 Α Really, compared to most patients, it's not 17 Dr. Worrall, I've asked you to 17 0 much of a problem, especially in his recent 18 (indiscernible), and I guess I'll just repeat it 18 history. 19 again. When you have someone like Mr. Bigley, 19 Q Do you have any concerns -- and I'm going your 20 who has a history of poor medication, and then 20 word, but do you have any concern if Mr. Bigley 21 when you gave him this revolving door, why 21 was discharged today, whether or not he could 22 22 (indiscernible) when it appears that he could continue to survive? 23 survive in the community without the medication? 23 Α Well, do I have any concerns that he would 24 A Well, I think the answer is, the way the law 24 continue to survive? 25 is set up. It's set up to deal with emergencies, 25 O Right.

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1 A Well, yeah, I have some concerns, but I don't 2 have a conclusive opinion that he won't survive. 3

MR. BIGLEY: (Laughter) (Indiscernible).

4 0 And do you think that he can survive safely --5 do you have any conclusory -- again, I'm going to use your word -- concerns -- (indiscernible).

6 7 No, I don't have any reason to think he can't 8 survive for a few weeks. Even if he did nothing 9 for the next few weeks, he's gonna survive for at 10 least two weeks. As long as he has housing, a 11 warm place to go to, he's gonna freeze to death. 12 We haven't had to admit him with hypothermia, or 13 such impaired judgment, that he sleeps outdoors 14 in winter. He doesn't drink a lot of alcohol.

15 He hasn't passed out in a snow bank. You know,

16 sometimes...

17 MR. BIGLEY: (Indiscernible).

18 A But there's a chance that he is gonna get 19 himself severely assaulted. I think the chance 20 is low because of his disruptive behavior.

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22 I think there's a better chance that he'll get 23 arrested because of his disruptive behavior in 24

public. Frightening -- concern he's gonna

frighten people. He could be pretty scary, but

1 Worrall, so you do have to be quiet. Okay.

2 MR. BIGLEY: Okay. I'm sorry.

3 THE COURT: Okay. Ms. Russo, could you repeat 4 the question.

MS. RUSSO: Thank you.

6 0 The question, Dr. Worrall, was the side 7 effects -- the severe side effects, such as the 8 bone marrow issues and the severe liver disease, 9 were those things that could be monitored?

10 A Yes. We do routine blood tests, a blood count 11 and liver function, as for example. He's refused 12 the blood work here an this admission already, so 13 we haven't been able to monitor that as yet. But 14 in the past he's not had any problems with liver 15 side effects or bone marrow side effects.

16 Q And the fact that he hasn't had a problem with 17 them in the past, does that indicate whether or 18 not he wold have a problem with them in the 19 future?

20 A That makes it a lot less likely. Usually a 21 first six to eight weeks of the medication are the riskiest times for those kinds of side 22 23

24 O And then the less severe side effects, those 25 are all -- I think you stated that the sexual

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1 it's really all talk. He's really not the kind

2 of guy that goes around hitting people. But I 3

don't have a firm opinion that he won't survive outside of API if it was a reasonable period of

5 time, weeks or months or more. But under the 6

7 MR. BIGLEY: (Indiscernible).

8 ...statute that applies to the petition I Α 9 filed, I think he's gravely disabled.

10 MS. DICKSON: Your Honor, I have no further 11 questions.

12 THE COURT: All right. Ms. Russo, do you have 13 any redirect?

MS. RUSSO: Just briefly, Your Honor.

15 Q Dr. Worrall, when Ms. Dickson was asking you 16 about the side effects, and you were talking

17 about the uncommon side effects of the

18 medications, such as the bone marrow issues, and

19 the liver disease. Are those things that could

20 be monitored or tested for?

MR. BIGLEY: (Indiscernible) five years from

22 now, because I (indiscernible).

23 A

24 THE COURT: Okay. Mr. Bigley, this is Master 25 Brown. I cannot hear what Ms. Russo is asking Dr.

1 dysfunction could be reversed with Viagra. Is 2

the constipation, dryness -- are those other things that are fixed -- that either resolve with

4 time, or can be monitored, as well?

5 Α Yeah. The thing that he was complaining about 6 before, tired, headache, light headed. They

7 resolve with time. The body -- the

8 (indiscernible) nervous system makes adjustments

9 to the medication and those things go away, and 10 they did go away.

11 The risks of these medications are far -- far

12 less than the -- the damage that's done to his

13 brain by not treating his mental illness. He's 14 gonna get worse, and worse, and worse every year.

15 He's gonna have worse and worse (indiscernible).

16 And he may reach the point when he does become a

17 danger to himself and others on a constant basis 18 now, instead of being verbally upset, and so

19 forth, he may be so much worse off, and he's

20 tried to hurt people because he thinks they're

21 gonna hurt him. Certainly his level of

22 functioning is going to go down over time if he's

23 not treated. And he suffers. I mean, if you 24

spend enough time with him, you can see that he really believes what he's talking about, and

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- 1 really, really suffers from his delusions.
- 2 I mean, he came up to me the other day and
- 3 with all the stress, because -- he told me that
- 4 300 people a day are eaten alive in this
- 5 country...
- 6 MR. BIGLEY: It's true.
- 7 A ...what are we gonna do about it? And he was 8 always...
- 9 MR. BIGLEY: (Indiscernible).
- 10 ...(indiscernible). Well, when he's on his Α
- 11 medication, he's not suffering.
- 12 MR. BIGLEY: I'm not (indiscernible).
- 13 A And he certainly isn't suffering from side
- 14 effects. So, if you compare the suffering from
- 15 his illness with the little tiny risks of side
- 16 effects, they're incomparable.
- 17 0 And that was my next question, was when --
- 18 with the -- even if he is cycling on and off
- 19 medicine when he is at API and for a period of
- 20 time after discharge, and then he stops taking
- 21 the medicines. But the medication -- being on it
- 22 even for a brief period of time, helps slow down
- 23 the eventual deterioration of the brain, or?
- 24 A Oh, I don't know about a brief period of time.
- 25 I think the research was looking at six months.
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- 1 Q Okay.
- 2 Α If he took medicine for a week, I wouldn't
- 3 expect that would do much. And you really don't see much improvement in a week in symptoms. 4
- 5 Q Uh-huh (affirmative).
- 6 A Particular with Bill, it's like it takes
- 7 longer and longer each time we treat him before
- 8 the medicines take affect. I mean, beyond the
- 9 order of one to two months, the stabilization of
- 10 the brain would occur.
- 11 0 If it were for a longer period of time, I
- 12 guess, then, five weeks -- but for two or three
- 13 months, then would that help stop the -- or, at
- 14 least slow down the progression of the disease?
- 15 As I understand it from some of the newer Α
- 16 research, yes. But even without that
- 17 neuroprotective effect of preventing the future
- 18 of degeneration, is a clear affect on
- 19 (indiscernible) and -- and distress from the
- 20 medication.
- 21 0 And then let's say that Mr. Bigley had upset 22
- some people on the ward -- on the unit, to the 23
- point where they had wanted to assault him. 24
- MR. BIGLEY: (Indiscernible) all over the
- 25 place. I didn't do nothin' wrong.

- 1 Q Why -- why -- were those assaults stopped by 2 staff, or?
- 3 Α Um, well staff has to take -- well, two things
- 4 had to happen. One, the staff had to take Mr.
- 5 Bigley into the quiet room and give him an
- 6 injection of...

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- 7 MR. BIGLEY: The staff (indiscernible) me up.
- 8 A (Indiscernible) Haldol and Ativan.
 - MR. BIGLEY: Did it on purpose.
- 10 Α Which is just like an eight hour acting
- 11 medication just to calm him down.
 - MR. BIGLEY: That did it.
- 13 A To take him out of the situation.
- MR. BIGLEY: (Indiscernible). 14
- 15 A To de-escalate the situation. And then they
- had to go to this other patient who wanted to 16
- 17 assault Bill because he was appearing to the
- 18 other patient that he was gonna assault staff.
- 19 They were afraid that Bill might...
 - MR. BIGLEY: I didn't (indiscernible).
- 21 MS. RUSSO: Those were all my questions for
- 22 Dr. Worrall.
- 23 THE COURT: Okay. Ms. Dickson, any re-cross
- 24 examination?
- 25 MS. DICKSON: No, Your Honor.
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- 1 THE COURT: Okay. Ms. Russo, any other
- 2 witnesses?
- 3 MS. RUSSO: Would the court want me to call
- 4 Ms. Taylor, or should Ms. Taylor just be called by the
- 5 court.

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- 6 MR. BIGLEY: (Indiscernible).
 - THE COURT: Well, (indiscernible) -- I think
- 8 just witnesses for the State?
- 9 MS. RUSSO: Yeah. No, I don't have any other
- 10 witnesses.
- 11 THE COURT: Oh, okay.
- 12 MR. BIGLEY: (Indiscernible).
- 13 THE COURT: Ms. Taylor -- well, actually
- 14 (indiscernible) to be honest, frankly, up to
- 15 (indiscernible) sometimes about what (indiscernible)
- 16 report, because it's dealing with the medication issue,
- 17 and we haven't finished up with the commitment issue.
- 18 I haven't made any findings about that. I mean, if the
- 19 parties want to hear the visitor's report now, before I
- (indiscernible) any findings on commitment, you know,
- 21 that's fine with me. I'm flexible on that.
- 22 So, Ms. Russo, Ms. Dickson, any -- do you want
- 23 to just hear from Ms. Taylor now, and then I'll make my
- 24 findings.
- 25 MS. RUSSO: Yes. Your Honor, actually, I

Page 62 Page 64 think it makes sense that we address the issue of 1 THE COURT: Okay. 2 commitment before we address medication. 2 MS. DICKSON: I have no further evidence, Your 3 THE COURT: Okav. 3 Honor. MS. RUSSO: So, can we briefly argue... 4 MR. BIGLEY: I'm fine. (Indiscernible) my 4 5 MR. BIGLEY: I'll go home. 5 brain. THE COURT: Well, okay. Yeah. Before you 6 THE COURT: Okay. Mr. Bigley, thank you. 6 7 Ms. Russo, I assume you don't have any 7 argue, I'm gonna ask Ms. Dickson, did you want your 8 client to testify? 8 questions, do you? MS. DICKSON: So, did you want to testify 9 MS. RUSSO: No, Your Honor. 9 10 THE COURT: Okay. So, I guess next -- let me 10 (indiscernible)? just hear -- the (indiscernible) remarks as to the 11 MR. BIGLEY: (Indiscernible) started the damn 11 thing. (indiscernible) the hell out'a me commitment issue, and then if I recommend commitment, 12 then we'll deal with the visitor's report, and then any 13 (indiscernible). 13 14 MS. DICKSON: Your Honor, just briefly. I 14 further evidence concerning the medication issue. 15 So, Ms. Russo, do you want to make closing 15 think that... 16 16 Why don't you just (indiscernible). remarks. 17 MR. BIGLEY: (indiscernible). Master Brown? 17 (Background conversation) THE COURT: Yes. MS. RUSSO: Thank you, Your Honor. I believe 18 18 19 that the court has heard testimony today that -- and 19 MR. BIGLEY: Ah, I -- I got -- I got -- I got a two-bedroom apartment. I always live by myself. All 20 through the testimony, there is clear and convincing 20 21 evidence that Mr. Bigley is indeed mentally ill, and 21 my stuff is there. (Indiscernible). But nobody comes 22 that he is gravely disabled. It's very -- given the 22 to my house. Nobody -- and, ah, Steve Young comes to 23 recent (indiscernible)... 23 the house, delivers groceries, but I don't him never 24 around ever again. I have no medicine there. I -- I MR. BIGLEY: (Indiscernible). 25 have no dope there, no drugs, no alcohol. I never did. MS. RUSSO: ...maybe caused some change in the Page 63 Page 65 I don't talk to neighbors. I don't wanna be around 1 interpretation of what it means... nobody. I sit there and listen to music, or sing to 2 MR. BIGLEY: (Indiscernible) about that. it. Ah, I -- I -- I've -- I've done -- I've done so 3 MS. RUSSO: ...to be gravely disabled. many good things. Um, I went to church. Talked to --4 But Mr. Young testified about the to, ah, Father Gary. I told him a lot of things. To extraordinary lengths that he had gone to -- or that the Presbyterian Church. Lot of things he's arranged for insuring that Mr. Bigley is able to (indiscernible). I (indiscernible) the Bible. You 7 live safely outside of the community, and to make sure ruined me. Um, (indiscernible). I went over and over that he's able to meet his basic needs, such as with -- six years, (indiscernible) and stuff, what Steve 9 grocery shopping and such. 10 Young did. What those two billings were. They 10 And Dr. Worrall also testified that Mr. Bigley wouldn't touch it. They paid people off. Okay? They actually wasn't able to function. He -- he -- when 11 11 got (indiscernible) to pay people off. Steve Young and 12 (indiscernible), he wouldn't characterize Mr. Bigley as 12 13 Jim Parker. 13 being able to function, but being able to survive. 14 I went to court -- I went to court because I 14 MR. BIGLEY: Who said that? 15 got thrown in there... 15 MS. RUSSO: And I think that -- I think 16 MS. DICKSON: Let's just focus on... 16 that... 17 MR. BIGLEY: I wanna go home. 17 MR. BIGLEY: (Indiscernible). 18 (Indiscernible). 18 MS. RUSSO: ...to have to wait until somebody 19 MS. DICKSON: Yeah. Just tell him what you 19 is on their death bed, to be able to commit them as 20 wanna do. You wanna go home. 20 being gravely disabled, would be an injustice to them. 21 MR. BIGLEY: I -- I'm just tryin', like, to --21 Dr. Worrall testified about how Mr. Bigley 22 22 really does suffer from his... um, you know... 23 MS. DICKSON: Okay. 23 MR. BIGLEY: (Indiscernible) knows. 24 MR. BIGLEY: I wanna go home. Drug free. 24 MS. RUSSO: ...illness, and that it does cause 25 Drug free. 25 him great consternation and...

Page 66 Page 68 MR. BIGLEY: Well, that's because 1 1 he doesn't survive, maybe, perhaps to the level we 2 (indiscernible). would want to see. And maybe he's not living to the 3 MS. RUSSO: ...he's severely affected by that, potential that he could if he was on medication, as suggested by Dr. Worrall. But he is able to do it. 4 and... 5 MR. BIGLEY: (Indiscernible). That is how he wants to live. That is his choice. He 6 MS. RUSSO: ...his ability to make rational doesn't want to take medication. He doesn't want to be 7 7 committed into API. decisions... 8 8 He does have financial resources to be able to MR. BIGLEY: (Indiscernible). 9 MS. RUSSO: ...to affect this -- that would 9 maintain an apartment, so the risk of him freezing to 10 affect his ability to live outside is compromised by 10 death is minimal. He does have a guardian who is 11 that element. 11 assisting him. And while that relationship right now 12 MR. BIGLEY: (Indiscernible) that stuff, too. is not at its best, and it's uncooperative, it does 12 13 MS. RUSSO: And that treatment at API would be provide some level of safety that allows him to live 13 14 a benefit to Mr. Bigley, and that it would be able to 14 out in the community. 15 And Dr. Worrall testified that between the at least -- well, that it would a benefit to him. 15 16 MR. BIGLEY: I just wanna be left alone. 16 period of time since his last discharge... 17 THE COURT: Okay. Ah, thank you. 17 MR. BIGLEY: (Indiscernible). 18 18 MS. DICKSON: ...that he was able to do it. Ms. Dickson? 19 MS. DICKSON: Yes, Your Honor. At this time 19 So, Your Honor, I think if you strictly we'd ask that you dismiss the petition and release Mr. construe grave disability, in light of a person's 21 21 Bigley. fundamental right to liberty, I think we would ask that 22 MR. BIGLEY: Please. 22 you dismiss the petition and not commit Mr. Bigley 23 MS. DICKSON: I think Your Honor is aware that 23 today. 24 24 the supreme court has really scrutinized these MR. BIGLEY: I can't have (indiscernible) commitment hearings, and, you know -- and -- and, 25 because I'm mentally ill. 25 Page 67 Page 69 1 essentially, the court needs to understand that 1 THE COURT: All right. Thank you. committing someone to API takes away their liberty. It 2 All right. At this time I'll make my findings 3 on... 3 takes away their freedom. I mean, it's not a 4 treatment. Anyway, it does provide treatment. It does 4 MR. BIGLEY: Please. deprive a person of their liberty. And the court has 5 THE COURT: ...the issue concerning the -- the to consider a person's liberty as being very important, commitment issue in the Petition for 30 Day Commitment. 7 7 I'll find that, first of all, the evidence is and that that liberty be only taken away when 8 absolutely necessary. clear and convincing that Mr. Bigley is suffering from 9 And I think when you look at the supreme court a mental illness, as testified to by Dr. Worrall. The 10 decision, they are strictly construing these statutes diagnosis was affective disorder bi-polar type. 10 11 11 to protect an individual's right to liberty. (Background conversation) 12 Ms. Russo cited Weatherhorn v. API, which is a 12 Both Dr. Worrall's and Mr. Young's testimony 13 recent decision, 2007. And in that decision they 13 is clear and convincing that Mr. Bigley has been specifically construed the definition of "gravely 14 suffering from paranoid delusions, irrational thinking. 14 15 disabled." And, you know, part of the definition was -He's had severe emotional reactions. Dr. Worrall 16 - you know, when you talk about the second part of testified that Mr. Bigley has severe impaired judgment. grave disability, which I'm assuming is what Dr. 17 That he does irrational things. 18 Worrall is relying on when he testifies to grave 18 MR. BIGLEY: Can't do that. 19 disability. When you talk about the stress, the level 19 THE COURT: And this is... 20 of distress that's necessary is significant. And, 20 (Background conversation)

THE COURT: ...-- he is unable to perceive or

understand reality that he is -- Dr. Worrall testified

that's backed up very clearly (indiscernible) by Mr. Young's testimony as to the extraordinary lengths that

-- used the term, Mr. Bigley is gravely disabled. And

21

23

24

21 essentially the question comes down to whether someone

Mr. Bigley has been living outside API, on his

own, several years, and -- and why he's been in API, in

and out -- when he is out, he is able to survive. And

22 can live safely outside of the controlled environment.

23

24

25

Page 70 Page 72 1 the guardian has tried to accommodate Mr. Bigley, but, 1 days. There is no less restrictive place... nonetheless, Mr. Bigley still is jeopardizing his own 2 MR. BIGLEY: (Indiscernible). I trusted you. 3 well being. 3 THE COURT: ...(indiscernible) at this time. 4 Mr. Young testified that Mr. Bigley is unable 4 And, so... 5 to do his own shopping for food. That the guardian has MR. BIGLEY: You wanna dope me up. 5 6 had to go to the store with him. Even at the store 6 THE COURT: ...with that, I'll deal next with there are -- what I would refer to as extraordinary 7 the medication issue. And, first I... 8 MR. BIGLEY: I'm goin' out'a state -- I have a measures to avoid other shoppers from -- from being 9 accosted either verbally by Mr. Bigley, which would 9 right to leave state right now! cause additional problems. That Mr. Young also 10 THE COURT: Listen, Mr. Bigley, I know 10 testified how Mr. Bigley has been threatening at Mr. 11 11 you're... 12 Young's office. 12 MR. BIGLEY: You stay in this place and get 13 MR. BIGLEY: That's right. doped up! I (indiscernible) all of my life! 13 THE COURT: Mr. Bigley, please be quiet. I 14 THE COURT: Mr. Young's testimony is 14 15 convincing... 15 know you're doing... MR. BIGLEY: No. (Indiscernible) is gonna 16 MR. BIGLEY: (Indiscernible). 16 17 THE COURT: ...that he is unable to maintain 17 find out! 18 himself... 18 THE COURT: Okay. 19 (Background conversation) 19 Ms. Russo, do you have any additional witness 20 THE COURT: ...without the strict assistance 20 before we hear... 21 of the -- of his guardian. While Mr. Bigley may have 21 MR. BIGLEY: I don't wanna be put in a cage in financial resources to pay for an apartment and for a 22 22 this shit hole! 23 23 food allowance, he still does not have the independent THE COURT: ...from Ms. Taylor? 24 ability to manage himself and his affairs, and it's to 24 MS. RUSSO: No. I would just... 25 the point where it (indiscernible) he would be unable 25 MR. BIGLEY: (Indiscernible). Page 71 Page 73 to obtain his own necessary food and other necessities, 1 MS. RUSSO: ...rely on the prior testimony of and would -- his well being would diminish. 2 Dr. Worrall and Mr. Young. And I have had in front of me the recent case 3 MR. BIGLEY: (Indiscernible). 3 -- the Weatherhorn case, and I've been looking at this 4 THE COURT: Okay. language about what the supreme court is requiring as 5 MR. BIGLEY: (Indiscernible) President Bush. to -- grave disability requires that there be a level 6 You think I'm lyin' to ya'? 7 of incapacity so substantial that the respondent is THE COURT: Okay. Ms. Taylor... 8 8 incapable of surviving faithfully in freedom. And I MR. BIGLEY: (Indiscernible) now too. 9 don't have any doubt that that standard is met, THE COURT: Mr. Bigley, if you can't quiet 10 because, as Mr. Young's and Dr. Worrall's testimony down, I'm going to have to ask that you be taken... 10 11 11 shows that Mr. Bigley has severe delusions, paranoia, MR. BIGLEY: I just wanna go home. 12 and is prone to cause problems with others. And that I 12 THE COURT: Okay. So if you're quiet I can -don't -- while he may have an apartment and funds, I do 13 you can stay in the courtroom. But if you're not, I 14 not believe he can survive safely for long outside of 14 have to have -- you're gonna have to leave the

15 the hospital setting, which is highly structured courtroom. Okay? 15 environment. So, while he may be eating well and doing 16 MR. BIGLEY: (Indiscernible). 16 17 his (indiscernible) in the hospital, that's because THE COURT: Ms. Dickson, does he understand 17 it's a highly structured environment, which he needs. 18 that? 19 19 And to me it's clear that he really is severely gravely MS. DICKSON: I think so, Your Honor. 20 disabled because there would be a severe and a 20 THE COURT: Okay. substantial deterioration of his ability to function 21 Ms. Taylor, I'm gonna swear you in. 22 independently, which is the statutory standard, if he 22 DEBORAH TAYLOR

23

24

was out on his own.

So, for all of these reasons I am going to

25 find that he should be committed to API for up to 30

testified as follows: 25 (Oath administered)

called as a witness, being first duly sworn upon oath,

23

24

Page 74 Page 76 1 MS. TAYLOR: Thank you, sir. 1 MS. TAYLOR: Yes, sir, I do. 2 2 Um, and, you know, I have not been able to get THE COURT: And, just state your name for the 3 him to discuss with me if he has any understanding of 3 record? MS. TAYLOR: Deborah Taylor, court visitor. 4 side effects. 4 MR. BIGLEY: Ahhh, (indiscernible) shit. 5 THE COURT: Okay. So, ah, Ms. Taylor if you 5 6 MS. TAYLOR: I have reviewed the chart for Mr. 6 wanna go ahead with your visitor's report. 7 MS. TAYLOR: Certainly. I observed Mr. Bigley 7 Bigley. I have talked with Dr. Worrall; I talked to 8 the end of December, before he was discharged from API. 8 staff on the floor. And it's my opinion that,... 9 MR. BIGLEY: (Indiscernible). 9 He was calm. He was actually very helpful to me. He 10 MS. TAYLOR: ...based upon chart review, based 10 was very pleasant. 11 I then met with Mr. Bigley last Friday, and it 11 upon my personal interactions with Mr. Bigley, both was the polar opposite. He was very agitated, he was from the end of December until now, that he would 12 velling, he was making very inappropriate comments. He 13 benefit from having some type of medication that would 14 told me he had a 35 billion dollar jet that... help him become more calm and help him, hopefully, try 15 MR. BIGLEY: Pick it up. 15 and come up with an appropriate discharge 16 MS. TAYLOR: ...within Washington, D.C. He 16 (indiscernible). told me that he had been on the phone with President MR. BIGLEY: I won't talk to nobody -- do 17 17 18 nothin' to nobody anymore. (Indiscernible) my brain. 18 Bush. 19 MR. BIGLEY: (Indiscernible). 19 THE COURT: Ms. Taylor, anything else? 20 MS. TAYLOR: His agitation was such that I 20 MS. TAYLOR: No, sir. could not redirect him to the point of asking the 21 THE COURT: Okay. Ms. Russo, do you have any 21 22 questions that I needed to ask. 22 questions? 23 After 45 minutes with Mr. Bigley, I left the 23 **EXAMINATION** 24 room in which we were conducting our meeting. BY MS. RUSSO: 24 25 MR. BIGLEY: (Indiscernible). 25 0 Ms. Taylor, were you able to make inquiry Page 75 Page 77 MS. TAYLOR: I then met with Mr. Bigley this 1 about any kind advanced directive or anything? 1 morning, and while he was much calmer than he was on 2 MR. BIGLEY: If you give medicine, I won't 3 Friday, he still was having the same type of delusions. 3 talk to nobody anymore. Not a livin' soul. 4 He told me that he had been speaking with God. 4 A Not for Mr. Bigley. 5 MR. BIGLEY: (Indiscernible). There's nothin' 5 MR. BIGLEY: I don't want no meds or nothin'. wrong with that. (Indiscernible), do you pray? 6 Go home. 7 7 MS. TAYLOR: And that he was definitely going 0 In your review of the chart, was there 8 8 anything? to go home. 9 I have not been able to get Mr. Bigley to 9 I didn't notice anything. A 10 answer our medication -- I mean, my questions about 10 0 Those are all my questions. 11 11 whether he understands that he has a mental illness. THE COURT: All right. 12 Whether he has any understanding... 12 Ms. Dickson, questions? 13 MR. BIGLEY: (Indiscernible) illness? 13 **EXAMINATION** MS. TAYLOR: I have not been able to talk --14 BY MS. DICKSON: 14 15 15 Yeah. Did Mr. Bigley make it clear to you talk... 0 16 MR. BIGLEY: Do you have mental illness? 16 that he didn't want medications? Anybody have mental illness? Cured me of it. 17 17 A In all honesty, I had difficulty understanding 18 18 (Indiscernible) mental illness? (Indiscernible)... what Mr. Bigley wanted, other than to leave. 19 19 THE COURT: Okay, Mr. Bigley. This is Master MR. BIGLEY: I got a million dollar jet. 20 20 Q Brown. And I'm only gonna give you one more chance. As the court visitor, and knowing Mr. Bigley's 21 MR. BIGLEY: I am fightin' for my life in 21 history, any -- do you think this is a futile 22 here. 22 process that we force medication on him now, 23 23 THE COURT: Mr. Bigley, please try to be (indiscernible) he's appropriately discharged him 24 quiet. Okay? Thank you. 24 25 Go ahead, Ms. Taylor. 25 MR. BIGLEY: (Indiscernible).

Page 78 Page 80 1 Q (Indiscernible) take his medication? 1 Tryin'... 2 2 A If I find that (indiscernible) Mr. Bigley, as MS. RUSSO: It ... 3 3 MR. BIGLEY: (Indiscernible)... well as everybody else (indiscernible). MS. RUSSO: The evidence before the court is 4 MR. BIGLEY: (Indiscernible) in Anchorage? 4 5 Α But, I think that... 5 that this is -- the medications which are prescribed 6 6 MR. BIGLEY: Got files. are really the only way to be able to enable... 7 7 MR. BIGLEY: (Indiscernible) take me out. ...that Mr. Bigley needs to have the A 8 opportunity to... 8 MS. RUSSO: ...Mr. Bigley to be able to -- as 9 MR. BIGLEY: (Indiscernible). 9 Ms. Taylor stated (indiscernible)... 10 10 A ...participate as much as... MR. BIGLEY: (Indiscernible). 11 MR. BIGLEY: No. 11 MS. RUSSO: ...participate as much as he could 12 in a treatment plan. So we would ask that you grant 12 A ...he can... the petition. 13 MR. BIGLEY: No. No. 13 14 MR. BIGLEY: (Indiscernible) out of state. 14 ...in some type of... Α 15 MR. BIGLEY: I don't talk to nobody. 15 Out of state. (Indiscernible) find out. 16 A ...a plan... 16 THE COURT: I'm sorry, Ms. Russo. Are you done? 17 MR. BIGLEY: I don't want to. 17 18 MS. RUSSO: Yes, Your Honor. 18 A ...so that hopefully, at some point... MR. BIGLEY: (Indiscernible). 19 THE COURT: Okay. So, Ms. Dickson? 19 ...he will, as he has demonstrated in the 20 MS. DICKSON: Yes, Your Honor. We would ask 20 Α 21 21 that you deny the petition for medication. Mr. Bigley past, be... doesn't want to take medication. 22 MR. BIGLEY: (indiscernible) with pills? You 22 23 23 have. MR. BIGLEY: I just go home... 24 24 A ...to have, um, the medication that he needs. MS. DICKSON: He has been fairly through the 25 MR. BIGLEY: Yeah. (Indiscernible) some years about his position... Page 79 Page 81 1 pills. (indiscernible) get a junky. 1 MR. BIGLEY: Yeah. 2 2 MS. DICKSON: I have no further questions, MS. DICKSON: ...regarding medication. Um, 3 Your Honor. you know, I think the court has to look -- especially 4 THE COURT: Ms. Russo, any other questions? under the (indiscernible) Myers case, and may 5 MS. RUSSO: No, Your Honor. 5 (indiscernible) judgment, just the futility of this. 6 6 THE COURT: So, closing remarks, Ms. Russo, Dr. Worrall testified regarding, you know, 7 about the medication issue? 7 years of experience with Mr. Bigley. He doesn't take 8 MS. RUSSO: Thank you, Your Honor. I... the medication when he gets out. There's really no 9 MR. BIGLEY: Didn't matter. Don't dope me up. clear answer what the stopping and starting of 10 I won't to talk to nobody, though. Just wait. Wait 10 medication... 11 'til you find out. 11 MR. BIGLEY: Do you take medication? 12 MS. RUSSO: I believe that you have clear and 12 MS. DICKSON: Mr. Bigley, let me finish. convincing testimony that Mr. Bigley is currently 13 13 ...will do for Mr. Bigley on a long term... 14 unable to -- to provide informed... MR. BIGLEY: (Indiscernible). 14 15 MR. BIGLEY: (Indiscernible) around them 15 MS. DICKSON: And I think, also, what's most 16 16 anymore. important,... 17 MS. RUSSO: ...consent to the medication. 17 MR. BIGLEY: Throw you in here. 18 That there has been evidence that Mr. Bigley has been 18 MS. DICKSON: ...when he was discharged in January of this year, and I think Dr. Worrall... 19 on these medications in the past, and... 19 20 MR. BIGLEY: (indiscernible) started out 20 MR. BIGLEY: (Indiscernible). 21 first. 21 MS. DICKSON: And I'm relying on my notes, so 22 MS. RUSSO: ...has experienced positive 22 I may not be completely accurate, but I think -- I think Dr. Worrall said that was the best he's ever seen results from these medications. And hopefully he would 23 be able to remain on them longer this time. 24 him, in January, when he was on medication. And 25 MR. BIGLEY: Tryin' to drain me, man. despite Mr. Bigley being the best that he's ever been,

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Page 84
                                               Page 82
 1 he made the decision to stop medication when he was
                                                            1 (indiscernible) force medicate anybody.
                                                                    THE COURT: (Indiscernible).
    released from custody.
                                                            2
                                                            3
                                                                    MR. BIGLEY: Watch it! It's gonna get'cha!
 3
         So his position regarding that medication has
    been consistent. He doesn't want...
                                                            4
                                                                    THE COURT: (Indiscernible)...
                                                            5
 5
         MR. BIGLEY: (Indiscernible).
                                                                    MR. BIGLEY: (Indiscernible).
 6
         MS. DICKSON: ...to take medication, and we
                                                            6
                                                                    THE COURT: And if there's anything in the
 7
                                                            7
    would ask that you deny the petition allowing the
                                                               administration, all I can see would be -- if there are
 8
    hospital to force medicate him.
                                                            8
                                                               shots. But, again, the beneficial effects...
 9
         MR. BIGLEY: (Indiscernible).
                                                            9
                                                                    MR. BIGLEY: (Indiscernible) do that.
10
                                                           10
                                                                    THE COURT: ...not only for him, but also to
         THE COURT: All right.
11
         MR. BIGLEY: (Indiscernible).
                                                           11
                                                               anyone around him, far outweigh the momentary pain.
                                                                And, so I would find that the evidence is clear and
12
         THE COURT: All right. So I'll make my
                                                           12
                                                                convincing that this proposed treatment -- the use of
13
    findings concerning the medication petition. And the
                                                           13
                                                                medications -- (indiscernible), and there is no
14
    evidence...
15
         MR. BIGLEY: (Indiscernible).
                                                           15
                                                                (indiscernible) an intrusive alternative...
                                                           16
16
          THE COURT: ...is clear and convincing that
                                                                     MR. BIGLEY: (Indiscernible)
17
    Mr. Bigley has a mental illness, and the evidence is
                                                           17
                                                                     THE COURT: So I will rec...
    clear and convincing, he does not understand or
                                                           18
                                                                     (Tape off) (Tape on)
                                                           19
                                                                     UNIDENTIFIED MALE: Thank you, Your Honor.
19
    appreciate that he has the mental illness, and
                                                           20
    (indiscernible). The evidence is clear and convincing,
                                                                     MR. BIGLEY: (Indiscernible).
21 he is unable to give an informed consent...
                                                           21
                                                                     THE COURT: So this will end the phone call,
22
                                                           22
          MR. BIGLEY: Out of state.
                                                                and, ah...
                                                           23
23
                                                                     MR. BIGLEY: (Indiscernible).
          THE COURT: ...to have an appropriate course
24 of treatment, as recommended by the doctors, the
                                                            24
                                                                     THE COURT: ...the hearing, okay?
                                                            25
    different medications.
                                                                     MR. BIGLEY: Go fuck off?
                                                                                                           Page 85
                                                Page 83
          MR. BIGLEY: I wanna go home.
                                                                      THE COURT: Thank you. Good bye.
                                                             1
                                                             2
 2
          THE COURT: (Indiscernible) Mr. Bigley made a
                                                                      (Background conversation)
 3
    statement -- well, commented in the past that --
                                                             3
                                                                      UNIDENTIFIED FEMALE: Off -- off record.
                                                                              ***END***
    expressed a reliable manner...
                                                             4
 5
          MR. BIGLEY: (Indiscernible) he knows.
                                                             5
  6
          THE COURT: ...(indiscernible) his treatment
  7
    with psychotropic medication.
                                                             7 /
 8
          (Background conversation)
                                                             8
  9
          THE COURT: I note that the doctor's testimony
                                                             9 /
    shows that not only Mr. Bigley's (indiscernible) mental
                                                            10 /
11 illness, (indiscernible) that the medications will
                                                            11 /
12 probably have some slight side effects (indiscernible)
                                                            12 /
13 beneficial effects. That there's nothing indicating
                                                            13 /
14 the -- that these (indiscernible) medications are in
                                                            14 /
    the nature of experimental. They appear to be -- these
                                                            15 /
16
    medication are accepted by the ...
                                                            16 /
17
          MR. BIGLEY: (Indiscernible).
                                                            17 /
18
          THE COURT: (Indiscernible)...
                                                            18 /
19
          MR. BIGLEY: (Indiscernible) medications.
                                                            19 /
20
     Okay? It's a law.
                                                            20 /
21
          THE COURT: Well, there's certainly -- to a
                                                            21 /
22
     certain extent (indiscernible)...
                                                            22 /
23
          MR. BIGLEY: Be independent, Judge!
                                                            23 /
24
                                                            24 /
          THE COURT: ...Mr....
25
          MR. BIGLEY: Be independent, Judge!
                                                            25 /
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		Page	86	
1	CERTIFICATE			
3				
4 5	SUPERIOR COURT)) SS.			
6 7	STATE OF ALASKA)			
8 9	l, Georgi Ann Haynes, Certified Professional Court Reporter for the Third Judicial District, State			
10 11	of Alaska and verbatim reporter for H & M Court Reporting, Inc., hereby certify:			
12 13	That the foregoing transcript is a		1	
14 15	best of my ability, prepared from extreme poor quality			
16 17	tapes recorded by someone other than H & M Court Reporting, therefore "indiscernible" portions may		İ	
18 19	appear in the transcript;		-	
20 21	I am not a relative, or employee, or attorney, or counsel of any of the parties, nor am I			
22	financially interested in this action.		1	
24	IN WITNESS WHEREOF, I have hereunto set my		1	
25 26	hand and affixed my seal this 29th day of March, 2007.			
27 28				
29 30	Notary Public in and for Alaska			
31 32				
33 34	1			
35 36	1			
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IN THE SUPERIOR COURT FOR THE STATE OF ALASKA THIRD JUDICIAL DISTRICT, AT ANCHORAGE

In The Matter of the Necessity for the)	Probate Division
Hospitalization of William S. Bigley,)	SEP 10 2007
Respondent,)	OL7 10 2007
William Worral, MD,)	2
Petitioner)	Clerk of the Thei Court
Case No. 3AN 07-1064 P/S		

MEMORANDUM IN SUPPORT OF MOTION FOR INJUNCTIVE RELIEF

Respondent has moved for the issuance of an injunction against William A.

Worrall, MD and the Alaska Psychiatric Institute from administering any psychotropic medication to Respondent William S. Bigley on any grounds except as follows:

- 1. The enjoined parties may seek to administer psychotropic medication only through court approval.
- 2. In the event the Superior Court grants such approval, such authority shall be stayed for seven days for Mr. Bigley to seek review by the Alaska Supreme Court.
- 3. If such review is sought, Mr. Bigley may seek a further stay in this court, and the stay granted in 2, above, shall remain in effect until the this court has ruled on his request and, if not granted, Mr. Bigley has had seven days from denial to seek further review in the Alaska Supreme Court.

The grounds for this motion is that Dr. Worrall, without restraint by API, is flouting the requirements of AS 47.30.838 as set forth in the Application for Original Relief and Emergency Motion for Injunctive Relief filed in the Alaska Supreme Court, copies of which have also been filed herein.

DATED September 10, 2007

Law Project for Psychiatric Rights, Inc.

By:

James B. Gottstein, ABA # 7811100

EMERGENCY

RECEIVED

Law Project for Psychiatric Rights 406 G Street, Suite 206 Anchorage, AK 99501 907-274-7686 phone 907-274-9493 fax

SEP 1.0 2007

Cierk of Appellate Courts Anchorage, Alaska

Attorney for Applicant

IN THE SUPREME COURT FOR THE STATE OF ALASKA

WILLIAM S. B BIGLEY Applicant,) Supreme Ct. No. <u>5-1285</u>
vs.)
WILLIAM A. WORRAL, M.D., and THE ALASKA PSYCHIATRIC INSTITUTE Respondents)))
Trial Court Case No. 3AN 07-1064 P/S	_)

EMERGENCY MOTION FOR INJUNCTIVE RELIEF

COMES NOW, WILLIAM S. BIGLEY, Applicant (Mr. Bigley), and pursuant to Appellate Rule 504, moves for an immediate injunction against Respondents William A. Worrall, MD (Dr. Worrall), and the Alaska Psychiatric Institute (API) from any more forced psychiatric drugging of Mr. Bigley without court authorization and a meaningful opportunity to seek review before it recommences.

¹ Respondent uses the term "Forced Psychiatric Druggings," to reinforce this Court's acknowledgment in *Myers v. Alaska Psychiatric Institute*, 138 P.3d 238, 242 (Alaska Cont.

I. Counsel Contact Information

Mr. Bigley is represented by James B. Gottstein, whose address is 406 G Street, Suite 206, Anchorage, Alaska, 99501, and telephone number is 274-7686. Dr. Worrall and API are represented by Elizabeth Russo, whose address is 1031 West 4th Ave., Suite 200, Anchorage, Alaska 99501, her direct telephone number is 269-5144 and main office number is 269-5140.

II. Statement of Facts (and Analysis) in Support of Motion

Mr. Bigley is being illegally and, on pretexts, subjected to forced psychiatric drugging purportedly under the police power justification of AS 47.30.838, mentioned in *Myers v. Alaska Psychiatric Institute*, 138 P.3d. 238, 242 (Alaska 2006). There is not only no factual justification in Mr. Bigley's medical record as required by AS 47.30.838(a)(1), it is not justified in fact², and Mr. Bigley has been forcibly drugged more than allowed under AS 47.30.838(a)(2)(C) & (c). In sum, (1) API employs a psychiatrist, Respondent William A. Worrall, Mr. Bigley's treating psychiatrist, who believes he is able to forcibly drug any of his patients in any way he decides in flagrant disregard of the patients' rights with impunity, and (2) Respondent Alaska Psychiatric Institute (API) has allowed this flagrant violation of Mr. Bigley's rights, by its employee, Dr. Worrall.

^{2006),} and Wetherhorn v. Alaska Psychiatric Institute, 156 P.3d 371, 382 (Alaska 2007) that these drugs have been equated with the intrusiveness of Electroshock and Lobotomy.

The psychiatrist testified that while Respondent makes severe threats he is never actually violent and that as a professional he isn't concerned with them; the Probate Master also made specific factual recommendations regarding this. A39, 40,

Mr. Bigley is here requesting an injunction be issued against Dr. Worral and API from any more forced psychiatric druggings without court approval, including a meaningful opportunity to seek review.

A. Proceedings

Mr. Bigley has been repeatedly involuntarily committed and drugged against his will for 27 years in over 70 admissions to API.³ API's approach is to haul him in, drug him up, then discharge him knowing he will quit the drugs until hauled in again and forced to endure them again.⁴

The Law Project for Psychiatric Rights (PsychRights®) first began representing Mr. Bigley on December 6, 2007, in his guardianship case, 3AN 04-545P/G, filing a petition to terminate the guardianship and, in the alternative, for other relief, including eliminating the guardian's authority to consent to forced drugging. At that time Mr. Bigley was subject to 90-Day commitment and forced drugging orders in 3AN 06-01039 P/S, which were due to expire in early January. PsychRights entered its appearance before then filed an election to have a jury trial if API filed for a 180 day petition, and instead of doing that, API didn't file such a petition. On January 12, 2007, this Court

³ See, Appendix, pp 19-29 for a fuller recitation of facts. Hereinafter, pages to the Appendix shall be referred to as "A__." An Original Application for Relief has been filed contemporaneously herewith and the same Appendix is being used to prevent unnecessary proliferation of paper.

⁴ A20-22.

⁵ Judicial Notice may be taken of these and the other proceedings cited below.

⁶ Through Steven J. Priddle, while Mr. Gottstein was out of town.

⁷ There is no *statutory* right to a jury trial for 30 day commitments, but there is for 90 and 180-day commitments under AS 47.30.770(b) and AS 47.30.745(c), respectively.

issued the Wetherhorn decision, holding "AS 47.30.915(7)(B) is constitutional if construed to require a level of incapacity so substantial that the respondent is incapable of surviving safely in freedom."

Since then, in Case Nos. 3AN 07-247 P/R and 3AN-07-598 PR, API has successfully petitioned for 30 day commitments and forced drugging orders, but lost both jury trials. In the first jury trial, Mr. Bigley was represented by counsel here and in the second one, counsel testified on behalf of Mr. Bigley as a fact witness.

That brings us to the current proceeding. Due to Mr. Bigley losing his housing and then getting evicted from the Brother Francis Shelter, Mr. Bigley deteriorated and a number of people became concerned for his safety. On August 28, 2007, an *ex parte* petition was jointly signed by Wendy Shackelford of the Anchorage Police Department and Paul Cornils, ¹¹ which was granted. ¹² Petitions for Involuntary Commitment and Forced Drugging were filed August 30, 2007, by API and hearings on both petitions were scheduled for the next day. ¹³ PsychRights filed a limited entry of appearance to represent Mr. Bigley solely as to the Forced Drugging Proceeding. ¹⁴

⁸ Upon re-hearing, slight modifications to this opinion not relevant here were issued on April 13, 2007.

⁹ PsychRights has not represented Mr. Bigley in any of the 30-day proceedings until this one, but did file an appeal on his behalf on the first one, which is in the briefing stage.

10 Judicial Notice.

¹¹ Mr. Cornils is a case manager for CHOICES, Inc., which they call "Recovery Coordinators."

¹² A103.

¹³ A103-109.

¹⁴ A110.

At the Friday, August 31, 2007, hearing, as relevant here, over the objection of API, Mr. Bigley obtained a short continuance until Wednesday, September 5, 2007.¹⁵ In spite of Dr. Worrall's testimony that Mr. Bigley never acts on the threats he makes, ¹⁶ API said it needed to be able to drug him during the continuance because he was disruptive to other patients and threatening to staff.¹⁷ In response, the Probate Master pointed out that in an emergency, API could follow the procedures set forth in AS 47.30.838, ¹⁸ which was also discussed in *Myers*.¹⁹

However, Dr. Worrall has been ordering forcible injections of Mr. Bigley ever since without any justification under AS 47.30.838 in his medical records and the total amount of time allowed for forced drugging under AS 47.30.838 without a forced drugging order in AS 47.30.839 being in place has been exhausted. Dr. Worrall and API are flouting the law and this Court's decisions in *Myers* and *Wetherhorn* and Mr. Bigley is seeking to have it stopped immediately, and procedures put in place to give him a meaningful opportunity to object and seek review before it recommences.

B. AS 47.30.838 Requires Documentation Supporting the Emergency Drugging Be in the Patient's Medical Record and Should Be Immediately Available

AS 47.30.838 provides in pertinent part:

(a) Except as provided in (c) and (d) of this section, an evaluation facility or designated treatment facility may administer psychotropic

¹⁵ A43-7.

¹⁶ A38, 39.

¹⁷ A44.

¹⁸ A45.

^{19 138} P.3d at 242.

medication to a patient without the patient's informed consent, regardless of whether the patient is capable of giving informed consent, only if

(1) there is a crisis situation, or an impending crisis situation, that requires immediate use of the medication to preserve the life of, or prevent significant physical harm to, the patient or another person, as determined by a licensed physician or a registered nurse; the behavior or condition of the patient giving rise to a crisis under this paragraph and the staff's response to the behavior or condition must be documented in the patient's medical record; the documentation must include an explanation of alternative responses to the crisis that were considered or attempted by the staff and why those responses were not sufficient;²⁰

Therefore, Dr. Worrall and API should be able to immediately produce this documentation. It does not exist because there never has been a sufficient emergency.

Moreover, AS 47.30.838(a)(2)(C) and (c) provide.

(C) [the physician's order] is valid for only 24 hours and may be renewed by a physician for a total of 72 hours, including the initial 24 hours, only after a personal assessment of the patient's status and a determination that there is still a crisis situation as described in (1) of this subsection; upon renewal of an order under this subparagraph, the facts supporting the renewal shall be written into the patient's medical record.

* * *

(c) If crisis situations as described in (a)(1) of this section occur repeatedly, or if it appears that they may occur repeatedly, the evaluation facility or designated treatment facility may administer psychotropic medication during no more than three crisis periods without the patient's informed consent only with court approval under AS 47.30.839.

Thus, it is now an impossibility for any future forced drugging orders to be valid under AS 47.30.838. In light of the blatant and routine violation of his rights by Dr.

²⁰ Emphasis added.

Worrall and API, Mr. Bigley is requesting the protection of the courts before any more forced drugging occur.

III. Great Irreparable Harm Will Result if Relief is Not Granted

The written testimony of Robert Whitaker sets forth the scientific evidence for the great irreparable physical and mental harm being done to people who are being given these drugs as well as the great diminishment of their quality of life.²¹ This includes that people are much more likely to recover if they are not put on these drugs,²² very harmful side effects, including increases in violence and suicidality,²³ and that the newer drugs are worse than the older ones.²⁴ The research literature thus shows the following:

- a) Antipsychotics increase the likelihood that a person will become chronically ill.
- b) Long-term recovery rates are much higher for unmedicated patients than for those who are maintained on antipsychotic drugs.
- c) Antipsychotics cause a host of debilitating physical, emotional and cognitive side effects, and lead to early death.
- d) The new "atypical" antipsychotics are not better than the old ones in terms of their safety and tolerability, and quality of life may even be worse on the new drugs than on the old ones.²⁵

In addition, all of the force and coercion is very harmful itself. Dr. Ron Bassman also submitted written testimony, including that "Adults with serious mental illness treated in public systems die about 25 years earlier than Americans overall, a gap that's

²¹ A116-129.

²² A119, 113.

²³ A123-125.

²⁴ A125-128.

²⁵ A128-9.

widened since the early 1990s when major mental disorders cut life spans by 10 to 15 years, ⁿ²⁶ which is when the new generation of drugs came to market.

Dr. Bassman's written testimony included that the drugs do not work for many people and/or have intolerable side effects. Many people refuse to take them and when that happens there are other viable options.²⁷ Dr. Bassman's testimony included that even people who have been very mentally ill for a long time can recover if other choices are offered.²⁸ This was confirmed by the in-court testimony of Sarah Porter of New Zealand, who was qualified by the Probate Master as an expert on alternatives to the current standard of care.²⁹ She testified that coercion is very traumatic and countertherapeutic and that even people who have been in the system for a long time can do much better if one engages in a negotiation process, rather than one based on coercion and force.³⁰

IV.Grounds Submitted to Trial Court

Contemporaneously with the filing of this Motion, this relief was requested in the trial. This procedure was used because of the grievous and irreparable harm if relief is not immediately granted. Mr. Bigley is requesting relief from this Court if the trial court does not grant it by 4:00 Monday, September 10, 2007.

²⁶ A111.

²⁷ A111-115.

²⁸ A113.

²⁹ A97.

³⁰ A94.

V. Notification to Opposing Counsel

Opposing counsel was notified by e-mail on Sunday, September 09, 2007, where this application and supporting documents could be downloaded.³¹ Full sets of the documents will have been served as early as possible on Monday, September 10, 2007 prior to filing.

VI.Conclusion

For the foregoing reasons, unless the Court is informed the Superior Court has done so by 4:00 PM, Monday September 10, 2007, Mr. Bigley respectfully requests the Court to immediately issue an injunction against Dr. Worrall and API from any more forced psychiatric drugging of Mr. Bigley without court authorization and a meaningful opportunity to obtain review.³²

DATED: September 9, 2007.

Law Project for Psychiatric Rights

James B. Gottstein, ABA #7811100

http://psychrights.org/States/Alaska/CaseSeven.htm. This procedure was used because the Appendix is too large to e-mail.

Respondent uses the term "Forced Psychiatric Druggings," instead of the euphemistic "involuntary administration of psychotropic medications" to reinforce this Court's acknowledgment in *Myers v. Alaska Psychiatric Institute*, 138 P.3d 238, 242 (Alaska 2006), and *Wetherhorn v. Alaska Psychiatric Institute*, 156 P.3d 371, 382 (Alaska 2007)

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2	IN THE SUPREME COURT FOR THE STATE OF ALASKA	
3	WILLIAM S. BIGLEY,)
4	Applicant,) Case No. S-12851
5	vs.))
6	THE ALASKA PSYCHIATRIC))
7	INSTITUTE,	Ó
8	Respondent.)
9		Trial Court Case No. 3AN-07-1064 PR ¹

OPPOSITION TO ORIGINAL APPLICATION FOR INJUNCTIVE RELIEF

The State of Alaska, Department of Health and Social Services, Division of Behavioral Health, Alaska Psychiatric Institute, by and through the Office of the Attorney General, opposes the respondent's Motion for Injunctive Relief. There is no need for such an injunction because, in compliance with AS 47.30.838 (c), the order for emergency medication has been cancelled.

Alaska Statute 47.30.838 (c) states, "If the crisis situations as described in (a)(1) of this section occur repeatedly, or if it appears that they may occur repeatedly, the evaluation facility or designated treatment facility may administer psychotropic medication during no more than three crisis periods without the patient's informed consent only with court approval under AS 47.30.839."

As Mr. Bigley has had the statutory allowance of emergency medication, Dr. Worrall stopped the order this morning. See Attachment A. Until there is a final decision on the Petition for the Administration of Psychotropic Medication, Mr. Bigley

The caption used by the respondent in his pleadings is incorrect and although this has been pointed out in response to other pleadings, he continues to flaunt court rules and practice to vent his personal frustrations. The correct form of the caption is as seen above. Dr. Worrall has only ever acted within the scope of employment and Bigley has not made any allegation to the contrary.

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will not receive any emergency medication. Thus, his Original Application for Injunctive Relief and the underlying Emergency Motion for Injunctive Relief should be denied.

Moreover, the Alaska Psychiatric Institute (API) would object to the automatic entry of any stays of an Order Approving the Administration of Psychotropic Medication (order). API is an acute-care psychiatric hospital. It is not a home for the mentally ill. One of the purposes of civil commitment is that the commitment has, "a reasonable expectation of improving [the patient's] mental condition." AS 47.30.655(6). API practices an evidence-based medical approach to treating psychiatric illness. Housing someone at API is not treatment. The stays proposed by Bigley actually impede his freedom and forces API into the untenable position of housing him without providing treatment. Thus, any automatic stays of duly entered orders should be denied.² Should the court grant such an order and Mr. Bigley chooses to appeal it, the matter can be taken up at that time.

API also renews its objections to any pleadings submitted along with any of Mr. Bigley's pleadings that are not directly related to this case or that purport to Specifically, with regards to the pleadings filed on encapsulate "testimony." September 10, 2007, that include: Appendix pp. 52-73; and 111-129. API also objects to Bigley's version of the "facts" which were included in his pre-trial brief and are part of the appendix. However, as this is clearly only one side's proposed version of what may possibly be entered into evidence, API is confident the court will be able to discriminate the true facts. API moved to strike the entire appendix and the "affidavits" to Bigley's pre-trial brief both in writing and at the hearing on September 5, 2007. There has yet not been any ruling made on the topic. The status of such pleadings and information is

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BR/TB/RUSSOB/API/BIGLEY/API COMMITMENT 07-1064 PR/OPP MOTION FOR INJ RELIEF-SCT.DOC Exhibit D, page 2 of 3

² API wishes to point out that any prospective order would have resulted after significant testimony. That fact, taken with the known litigious nature of Mr. Bigley, make it highly unlikely that any order written in this case—either granting or denying the medication petition would be written without due consideration and careful thought.

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questionable and it is completely inappropriate to again include them in the pleadings filed today.

DATED: September 10, 2007

TALIS J. COLBERG ATTORNEY GENERAL

By: \angle

Assistant Attorney General Alaska Bar No. 0311064

OPPOSITION TO ORIGINAL APPLICATION FOR INJUNCTIVE RELIEF BIGLEY V. API

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BR/TB/RUSSOB/API/BIGLEY/API COMMITMENT 07-1064 PR/OPP MOTION FOR INJ RELIEF-SCT.DOC Exhibit D, page 3 of 3